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**Vol. 123 No. 40 Saturday, October 7, 2000**

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## "Carpe Diem"

by Aubrey Johnson

A piece of our history, a part of the Canadian mosaic, died last week, but the legacies that were left in the passing will always live on.

As a pendulum of emotion swept over the country, we came together to pay our last respects to the most preeminent Canadian of the 20th century.

the train leave Ottawa with a passenger on his final journey home to Montreal, I recalled incidents in my life which, in retrospect, where due in large part to the determination and will of a mortal man whose foundation of his belief in Canada was underneath everything he did.

My earliest recollections of this great statesman in-

train. Out the window we drink the passing scene of cars on nearby highways, of children waving at a crossing, of cattle grazing on a distant hillside, of smoke pouring from a power plant, of row upon row of corn and wheat, of flatlands and valleys, of mountains and rolling hillsides, of city skylines and quaint villages.

But, uppermost in our minds is the final destination. On a certain day at a certain hour we will pull into the station. Bands will be playing and flags waving.

Once we get there so many wonderful dreams will come true and the pieces of our lives will fit together like a completed jigsaw puzzle. How restlessly we pace the aisles, damning the minutes for loitering — waiting, waiting, waiting for the station.

"When we reach the station, that will be it!" we cry. "When I'm 18!" "When I buy a new 450SL Mercedes Benz!" "When I put the last kid through college!" "When I have paid off the mortgage!" "When I get a promotion!" "When I reach the age of retirement, I shall live happily ever after!"

Sooner or later, we must realize there is no station, no one place to arrive at, once and for all. The true joy of life is the trip. The station is only a dream. It constantly outdistances us.

"Relish the moment!" is a good motto, especially when coupled with Psalm 118:24. "This is the day which the Lord hath made; we will rejoice and be glad in it." It isn't the burdens of today that drive men mad. It is the regrets over yesterday and the fear of tomorrow. Regret and fear are the twin thieves who rob us of today. So stop pacing the aisles and counting the miles.

Instead, climb more mountains, eat more ice cream, go barefoot more often, swim more rivers, watch more sunsets, laugh more, cry less.

Life must be lived as we go along. The station will come soon enough!!

**Thank you, Mr. Trudeau, for being who you were!**



The official opening of the Quinte Business Development Centre took place on Sept. 29, in Belleville. Pictured at the unveiling of the new corporate sign are Belleville Mayor Ross McDougall, Loyalist College Vice President of Academics Maureen Piercy, T. Business Development Corp. (outgoing) Chair Bruce Davis, MP Larry McCarroll, Quinte Area EDC Chair Lou Rinaldi and MPP Dr. Doug Galt. Photo by Aubrey Johnson

## New Business Development Centre Opens in Belleville

by Aubrey Johnson

In traditional economics a basic principle is that economic resources — the means of producing goods and services — are limited or scarce. Economic resources are defined as property resources — land or raw materials and capital — and human resources — labour and entrepreneurial ability. Therefore, entrepreneurial ability is one of the four cornerstones of our economy.

What is meant by entrepreneurial ability? An entrepreneur is the one who takes the initiative to combine land, capital, and labour to produce a good or service in what is hoped will be a profitable venture.

Historically, being entrepreneurial has been outside the mainstream of the business. Either the company was doing something entirely new or it occupied a only small niche of what was happening in the business world. Early entrepreneurs were daring, adventurous and pioneers. They were the founders of many of the big businesses today and have been a major contributor to innovation in Canadian business. The lessons learned through their efforts are the basis for many standard business practices.

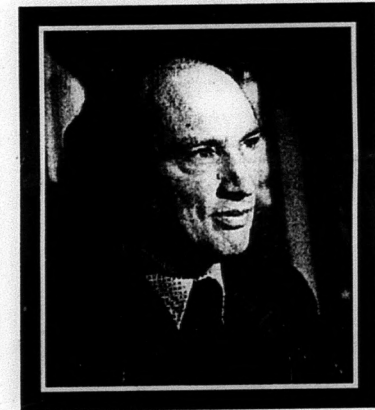
While small business has

always been a cornerstone of our communities, big business dominated the major markets. The desire to break free from the urban corporate stresses led some to seek the quieter life through becoming rural entrepreneurs. Many of these enterprises have brought new life to the small towns and agricultural communities in Canada. Even social service/nonprofit agencies started seeing that they were missing something by not being entrepreneurial resulting in the rise of social entrepreneurship. And finally corporate business started noticing that the best and the brightest were no longer as attracted to their hallowed walls as they had once been — and intrapreneurism, entrepreneurship within an established business, was born.

Entrepreneurs now come from all walks of life, all backgrounds, all cultures — all are a very diverse group facing a huge variety of challenges in almost every field. Today, with the internet boom, entrepreneurs have

become one of the most dynamic forces in the economy. Entrepreneurship is now driving the tech boom, which is stimulating much of the world's economic growth. This entrepreneurship very important from a macro-economic perspective. They have brought a broader economic momentum that has a impact on the economic internationalization of business becomes even widespread, this impact be felt even more clearly.

continued on



I heard the news that the Right Honourable Pierre Elliott Trudeau had passed away on Thursday September 28, as I was putting together the Madoc Review and the Stirling News Argus. During the subsequent hours and days as I reflected on this man's contributions to my Canada and as I watched

involved my feelings that I had always considered Mr. Trudeau a guide and never a pedagogue. His vision for the united peoples of his country are symbolically tucked away in the subconsciousness of all Canadians.

We see ourselves on a long trip that spans the continent. We are travelling by

## New location for Madoc Review

Office moves to the Treasure Trove

As of October 10th, the Madoc Review will be relocating from its previous location.

The office will be moving from 44 St. Lawrence Street West to 89 Durham Street South. We at the Madoc Review realize this may cause some confusion in the beginning but hope everything gets back to normal within a few weeks.

You can now contact us at 1-888-725-3503 on Monday to Friday from 9 a.m. to 5 p.m.

Our deadlines remain the same, all advertising and news must be delivered by 4 p.m. on Wednesday. You can drop your news items and ads at our new location at the Treasure Trove, 89 Durham St. S., Madoc.

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Please notify the Marm Herald at 613-472-2431 do not get the flyer, just your paper.

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So that our staff  
may enjoy Thanksgiving,  
Monday, our offices will  
be CLOSED on Oct. 9, 20  
Please have a safe weekend.

# Madoc The Review

JOSEPH CEMBAL, President  
AUBREY JOHNSON, Editor  
ANTHONY (TONY) SINCLAIR,  
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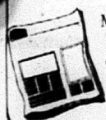
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continued from page 1

Entrepreneurs are already  
becoming a major force in  
developing nations and in the  
economy worldwide.

What an entrepreneur is  
will continue to change and  
evolve as the world continues  
to change and evolve and

yet there are some common  
issues of how to start a busi-  
ness, how to finance the  
business, how to run the  
business that within this  
community we can share  
and learn from each other.  
While we still have many  
heroes and stories,  
entrepreneurism is an estab-  
lished field with a wide range  
of issues at all stages of the  
enterprise.

Trenval Business Devel-  
opment Corporation under-  
stands the importance of  
business involvement and at  
a press conference on Sep-  
tember 29, announced the  
grand opening of the Quinte  
Business Development Cen-  
tre, a partnership between

themselves, Quinte Area Eco-  
nomic Development Com-  
mission, Quinte Business  
Self-Help Office and the  
Ministry of Agriculture Food  
& Rural Affairs. In a pre-  
pared statement, Trenval at-  
tested to the fact that "it has  
achieved its objective and  
successfully carried out its  
role as catalyst to bring to-  
gether the various economic  
and business development  
partners into one central,  
high profile location." This  
initiative will be able to bet-  
ter serve the community and  
make the area more conduc-  
ive to job creation.

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Sunday School During Service  
Everyone welcome

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# Ladies Pick-up hockey at the Madoc Arena

Last year a group of women, headed by Cindy Ashley, got together on Sunday nights for a fun game of pick-up hockey. We arrived at the Madoc arena around 6:30pm on Sunday night, put our gear on (hockey equipment is mandatory - no figure skates please), threw our sticks in the middle of the dressing room and divided into two teams. At 7:00pm we stepped onto the ice for an hour of **FUN**, and let's not forget, **EXERCISE**.

Some people had played hockey before, others had no experience at all. My experience consisted of watching and cheering in the stands. Trust me, the kids make stick handling look easy. It isn't, but it really is a lot of fun.

So, if you are 18 years of age or older and looking for something to do on Sunday nights, come out and give hockey a try, starting Sunday, October 15 at 7:00pm. Please be at the arena around 6:30pm so we don't use any of our valuable ice time talking in the dressing room. If you have any more questions or concerns, please call Cindy Ashley at 473-0640 or Karen McAlarey at 473-4536.

## Children's Health Matters

The importance of very early experiences of children on later development has been recognized for a long time. Now overwhelming evidence from research illustrates that positive early experiences made a difference in a young child's competence, health, well being and coping skills in later life. Families and caregivers have always known that early experiences are important. The

new research on brain development explains why.

Infants are born with the biological structures and systems in place to interpret and interact with the world (physically, emotionally and socially). At birth the brain has 100 billion nerve cells or neurons connected in systems to control seeing, hearing, moving and expressing emotion.

Use it, or lose it

A caring, stimulating environment affects not only the number of brain cells but also how the systems become wired. Connecting systems within the brain provide the foundation for the brain's organization and functioning for all the child's life. The absence of stimulation results in a lack of development or disappearance of these linkages. In early years, the brain operates on a "use it, or lose it" principle.

A caring attachment with a nurturing adult is critical to the development of young children. Early attachment relationships set down a pattern for later relationships, emotional and social behaviours and problem solving. Children with meaningful relationships develop coping skills, competence and a trust in the world. Research shows that a young child's pattern of reacting to stress is set early in life, through neural development in the brain. This development then determines the child's coping strategy for their whole life.

Of course, essential to the child's nurturing and attachment needs, is their basic health and safety. Every child also has to be well nourished, (with breast milk at first), and have regular check-up and, timely immunization throughout their early years.

The "investment phase" in child development from preconception to five years of age is more important than we ever realized in enriching the lives of our children and allowing them to reach their full potential. Failure to provide optimum conditions for a child's development makes their developing brains physically different

from children who have been well nurtured.

For more information on brain research and your child's healthy development contact the KFL&A Health Unit's Baby Talk Line at 1-800-267-7875, ext. 150 or 1-613-549-1154. In Centre Hastings call 1-613-473-4247 (Madoc Branch Office of H&PECHU) or Baby Tot Line 1-613-966-5513, ext. 233.

## Seatbelt watch

As part of a province-wide seatbelt blitz, September 30 to October 14, Kawartha Detachment O.P.P. is watching for motorists and passengers not wearing seatbelts in an effort to raise awareness and promote safety.

## GARRY'S PICK OF THE WEEK

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Submit your suggestion to:  
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Submissions must be received no later than 5 p.m., October 15 to qualify.

## COOPER WILDKIDS

Atom girls hockey team ATV poker run a huge success.

The Cooper Wildkids Atom Girls Hockey Team hosted their first annual ATV Fall Colour Poker Run on Sunday, October 1, 2000. Mother Nature blessed us with perfect weather conditions and several families came out for the 50km run. First place was won by Amanda Preston, followed by Bruce McNevin, Margie Denny and Vernon Baldwin. Special thanks to the Cooper Women's Institute for the use of the Cooper School; to Brian and Susan Rollins for all their hard work with the trail; to Brittany Gray and

Melissa Martin for their efforts selling 22 poker hands and of course to all the Cooper Wildkids and their families for all the effort put forth in making this event so successful. Everyone had such a good time that we are certain to have the Poker Run again next year.

We will be hosting games this season at the Madoc arena and hope that everyone will come out and see the girls in action. Game dates and times will be announced sometime after Thanksgiving weekend.

## CLEAROUT SALE

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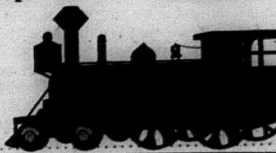
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# Midweek

This section runs in all eight of the following newspapers with 100% household coverage in their areas for a circulation of over 27,100.

**Stirling**  
*The News-Argus*

**Havelock**  
*The Citizen*

**Campbellford**  
*The Courier*

**Marmora**  
*The Herald*

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### Peter Adams reflects on death of Pierre Trudeau

**Norwood High Civics class welcomes local MP**

Bill Freeman

Bringing the constitution back from Great Britain and creating a Charter of Rights and Freedoms was "quite rightly" Pierre Elliot Trudeau's "biggest achievement," Peterborough MP Peter Adams told students during an informal chat with Diane Kinsella's grade 10 Civics class the day after the former Prime Minister's death.

bilingual.

A by-product of that, he noted, was the French Immersion educational streams offered by both local school boards.

Mr. Adams talked a little bit about Mr. Trudeau's controversial imposition of the War Measures Act which, in the end, was used to detain many more innocent people than the criminal suspects it was intended to arrest.

"He was a tough leader," Mr. Adams recalled the time two of his students at Trent University travelled to Ottawa to receive National Science Awards in a ceremony attended by both

election will still be held next spring.

There has been a great deal of discussion lately about a possible November election, something Mr. Adams is not in favour of.

"I don't like that idea myself. I believe the most likely time will be next spring."

Students were given an overview of the local nomination process and how the candidate will put together a campaign team to canvass the Peterborough riding.

Mr. Adams was asked about the provincial government's move to introduce mandatory literacy tests in secondary schools. A pass on this test will be required of all graduates.

Not wanting to wade too deeply in the ever-swirling waters of provincial educational policy, Mr. Adams nevertheless told students he "wasn't convinced" that testing is always the best thing.

"I'm big on literacy not on tests," he said.

He also said that having teachers who are "keen and enthusiastic about what is going on in class" is often more important than the black and white world of curriculum.

Mr. Adams did point out that the federal government is very involved in literacy programs and continues to take an active role in educational policies that are in the national interest such as bringing the internet to classrooms across the country.

Mr. Adams, who also

Continued on Pg. 5-A



**Award winning effort:** The quartet of Jamie, Amanda, Ashley and Julia Buck pooled their creative abilities to come up with the Norwood Fall Fair's number one outdoor display. The eye-catching Centre Line display promotes this weekend's 132nd edition of the Norwood Fall Fair which is all set to welcome thousands of visitors from across the province. The traditional Thanksgiving Weekend event wraps up the fall fair season and serves up a thrilling menu of events that is endlessly entertaining. For people of all ages a trip to the Norwood Fair is a true delight.

Photo: Bill Freeman

### Public School board passes development charges policy

**Peterborough** Kawartha Pine Ridge District School Board trustees have officially approved educational development charges. The hotly-contested charges come into affect in Northumberland and Peterborough Oct. 16.

The lot levies, which vary in the three municipalities according to factors such as the expected need for new schools, will be applied to new residential and non-residential developments only.

Money raised through the charges will be used to buy land where new schools will be needed. The province provides funds for the construction of new school buildings but it does not give School Boards money to buy the land on which the

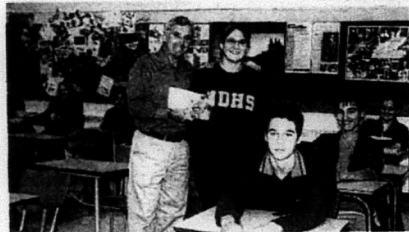
schools will sit.

The educational development charge to landowners for each new residential unit will be \$136 in Peterborough County, \$216 in Northumberland County and \$704 in Clarington. For non-residential units, the development charge per square foot of gross floor area will be four cents in Peterborough, 6

cents in Northumberland and 19 cents in Clarington.

Trustees allowed two exceptions.

The only groups to be exempted from paying educational development charges to the public school board are "all out building related to the operation of a farm business" and all public hospitals.



**A welcome guest:** Michelle McMillan, a student in Diane Kinsella's grade 10 Civics class at NDHS presents Peter Adams with a gift after his appearance at the school last Friday.

Photo: Bill Freeman

ister died.

Although Mr. Adams' meetings with Mr. Trudeau were fleeting -- he got to introduce him to luncheon guests during a campaign swing through Peterborough and would see him occasionally in Ottawa -- the impressions left were nonetheless indelible.

"It was quite a thing to hear about, especially for a Liberal MP," he said, telling students that he heard the news on the radio while driving through Perth on the way back to Peterborough, something he does at least once a week.

"My first reaction was to turn around and go back."

"Mr. Trudeau was a man of very, very strong opinions," he said, explaining to students that under Mr. Trudeau's leadership the federal government, and the services it offers across the country, became officially

Queen Elizabeth II and Mr. Trudeau. Their research work had been on the effect ice pellets had on fish.

Mr. Trudeau was able to engage the students in intelligent conversation about the arcane research.

"He had a very quick mind and could relate to students."

The repatriation of the constitution will stand as Mr. Trudeau's highest achievement, Mr. Adams said.

"Quite rightly that was his biggest achievement," he said.

With the adoption of a Charter of Rights Canadians are "protected now by traditional rights and a written charter," he added.

Mr. Adams also talked to students about the nature of the Canadian federation and how the three levels of government often overlap.

Mr. Adams still believes the much-anticipated federal



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### Scramble ends eventful Pine Ridge season

A nine-hole scramble Sept. 28th, allowing each golfer to take three clubs and a putter, ended the 2000 Pine Ridge Ladies Wednesday Golf League season.

The foursomes were chosen randomly—picking names out of a hat. Since it was so cold, all were bundled up well with layers of clothing making the swing a little more difficult. But the team of Louise Watt, Gwen Riddell, Carol Graham and Fern Smith persevered.

Fern encouraged her teammates to "get it close to the hole" as she doesn't like long putts. The winning score was 38.

The golfers welcomed the

hot soup and lunch that followed. After lunch, a general meeting was held. A beautiful cake made by Nancy Miles was enjoyed by all.

The Ringer Board winners were announced as follows: A Flight--Ingrid Kristensen, low gross, 61; Mavis Quail, low net, 44 (69); Ruth Tevendale, second low net, 45 (76). B Flight--Eileen Robertson, low gross, 79; Cathie Coyle, low net, 47 (87); Jean McLellan, second low net, 53 (92).

Sixteen players took part in match play competition with Jaime Howse winning A division and Gladly Meiklejohn claiming victory

in B division.

There were 11 birdie winners and Gladly Meiklejohn recorded her very first one.

The most improved golfer selection was shared by two golfers--Carolyn Roberts, nine holes, with a six per cent improvement; and Marcia Simpson, 18 holes, with a 5.88 per cent improvement.

Games captain Ruth Tevendale did a tremendous job all year and also had a few anecdotes for each person on the executive. She announced the following: Pin Day Competition (best four games out of 10 net scores)--For 18 holes, Ingrid Kristensen, 286; Ruth Tevendale (290); nine holes,

Louise Watt (173); Carolyn Roberts (174).

#### Winners

Wednesday co-ordinator Betty Lindup announced the following winners: For 18 holes, 1st gross, Ingrid Kristensen; 2nd gross, Lynne Meacock; 1st low net, Cathie Coyle; 2nd low net, Lorna Crockett; nine holes, 1st gross, Edith Gordon; 1st low net, Louise Watt; 2nd low net, Mary Jackson.

Co-ordinator Yvonne Peebles announced the Monday night winners as follows: Overall, Cindy Peck and Bonnie Ogden; 2nd, Diane Meeks and Elaine Churchill. A delicious dinner was enjoyed by all at the Sept. 28th wrapup.

### Pine Ridge ladies enjoy banner season

There was a lot of high-lights for Pine Ridge women's golfers during the past season.

A Pine Ridge team won the Kingston District Team championship, which is decided on the net total of the team. The foursome of Ingrid Kristensen, Helen Ellis, Jean McLellan and Joan Lunn teamed up to carry off top honours in the event played at Pine Ridge in July.

Lynn Meacock and Ingrid Kristensen entered the 41st Ontario Senior ladies championship July 18-20 at Hawk Ridge Golf Club in Orillia, a challenging test of 5,650 yards. They went as independents as team qualifications for Kingston was determined in 1999.

Ingrid missed the cut by four strokes but said her goal next year is to make it for the entire three-day tourney

and to rub shoulders with the famed Gayle Borthwick.

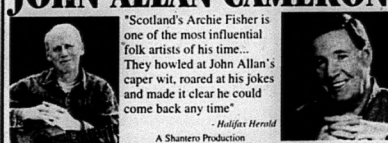
The Pine Ridge club championship was held Aug. 26-27, a 36-hole event, with Kristensen winning the title for the third consecutive year. Lorna Crockett repeated as senior champion while Jaime Howse was the low net winner. Senior low net honours went to Ruth Tevendale while Laury Vos-Fisher placed runner-up in that category.

Lorna Crockett and Ruth Tevendale, both Brighton residents playing out of Pine Ridge, and two other ladies from Kingston clubs represented Kingston District in the Ontario Handicap Awards held at Sleepy Hollow in Stouffville.

Tevendale also represented District 12 (for Northumberland and Peterborough) in the Ontario Senior Actifest Games in Ottawa this year.

In the Tuesday night Mixed League at Pine Ridge, the season wrapped up with a fellowship dinner and prizes for the winners provided by the club. The winners: Pete Runions and Marcia Simpson, A Flight; Phil the Beard and Amy O'Rourke, B Flight; Tom Simpson and his grandmother, Eileen Bain, C Flight. League co-ordinators Alan and Mavis Quail along with Tom and Ingrid Kristensen are already looking forward to next year's play.

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### Peter Adams

Continued from Pg. 4-A

talks to grade five Civics classes and the Civics clubs held by local Scouts, says these classes provide students with an opportunity of exploring who they are as Canadians.

Talking about these things are important, he said.

Part of knowing what being a Canadian is, he says, is being aware that you live in a country that the United Nations claims is the most desirable in the world.

Students should study the UN's review of nations to "get some idea why we are the best country in the world."

One reason, he noted, was that Canadians can change their governments and are in a position to "influence three levels of government that are very powerful."

"This is part of being a Canadian but there is a lot more to it."

Canada's multicultural heritage also makes it a great nation, he said.

Mr. Adams told students that there are first generation Canadians from 72 different countries now living in Peterborough City/County. In Ontario there are first generation residents from at least 210 countries.

This tradition, he said, strengthens the country.

### Lone candle causes \$25,000 in damages

Asphodel-Norwood - An untended candle is being blamed for a Sept. 30 blaze that caused at least \$25,000 in damages to a home on the 12th Line Sept. 30.

The Asphodel-Norwood Fire and Rescue Service got the call shortly before 3:30 pm and the fire, contained to one bedroom, was quickly brought under control and extinguished but not before leaving quite a bit of smoke damage throughout the house.

There was also some water damage in the basement area directly under the fire.

The house and contents were injured.

The occupants of the home were aided by the Peterborough County/City Disaster Trust Fund.

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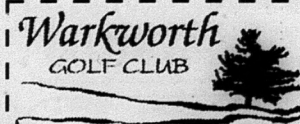
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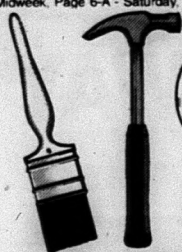
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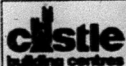
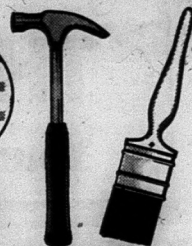
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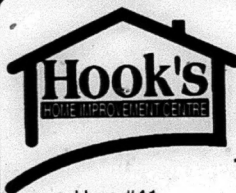
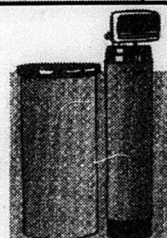
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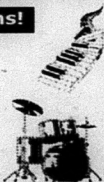
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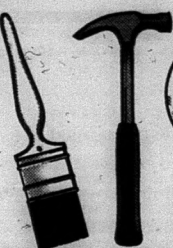
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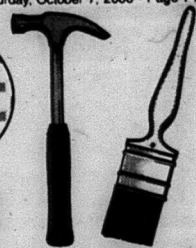
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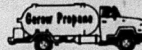


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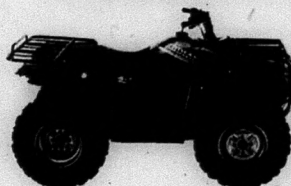
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Attn: Training and Recruitment Manager

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1992 Chev Lumina car, black, 4 door, 3.4 L, DOHC, automatic, tilt steering, AM/FM cassette, air cond., P/S, PDL, P/W, ABS brakes, tint windows, 16" tires, 210,000 km. \$1,500. Into brakes, struts & muffler recently. \$4,500. OBO. 613-395-0374, after 5 p.m.

### PERSONALS

STOP Smoking with the help of acupuncture. Herbal assessments for weight loss & fitness. 613-473-4272.

MALE - Late 60's, living alone in nice house just north of Cobourg, seeks lady friend to share house & travel. Write box # 250R, Marmora, ON K0K 2M0. (39-27-2)

PSYCHIC Answers by Evany Rays. Police use. You can tool Lonely in love? Career(s)? Spouse cheating? All calls confidential. Talk 1 on 1 Live psychics 24 hrs. 18- \$2.99/min. Call 1-900-451-4055. (39-27-4)

Fax your Ad to us at 613-472-5026

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SEWING MACHINE & SERGER SERVICE & REPAIR  
from \$34.95  
at  
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PRACTICAL Nurse to take care of client at home, yours or mine. For more information contact Dorothy 613-472-6817, message 613-472-6772.

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**DOG DAYS INN**  
Boarding & Professional All-Breed Pet Grooming  
PAWSitively Premium Quality Care for your V.I.P. (Very Important Pet)  
5th Line Ashpodel 705-639-1882

### ANNOUNCEMENTS

Gary Smith, Vancouver, B.C.; Ricky Smith, St. Martin's Island - have been holidaying with their parents Bernice & Russel Smith in Campbellford.

### CARD OF THANKS

DESHANE - Mabel and Herbert would like to thank everyone who attended their 50th Anniversary and for all the lovely cards and gifts. A special thank you to their children, who made this a very memorable occasion.

### MORTGAGES

FREE EXPERT Advice for borrowers. Consolidating or purchasing? Call Chase Financial 613-384-1301. Mortgages or loans. Private funds for problem circumstances. Equity mortgages available without proven income.

### ANNIVERSARIES

Congratulations to Lester & Jean Boutiller on your 45th Wedding Anniversary, October 8, 2000. Best wishes from Nancy, Craig & family

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## COMING EVENTS

## COMING EVENTS

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**HAVELOCK Area** - 1 bedroom apt., upper unit, heat/hydro, fridge/stove included. Quiet setting. Available immediately. 705-778-2757. (36-13-5)

**CAMPBELLFORD** - 2 bedroom adult apt. in security building, fridge, stove inc. \$551. monthly plus utilities. First & last, with ref. please. Call Paul 705-653-4157.

**HAVELOCK** - Apt. for rent, large 3 bedroom & 1 bedroom, \$800./\$300. per month utilities included. references. 416-755-8481.

**STIRLING** - Two bedroom apartment for rent. \$525. per month incl. heat plus hydro. Available September 30th. Contact Mary at 613-395-3333 between 8:00 a.m. and 4:00 p.m. Monday to Friday.

**MARMORA** - new 4 bedroom house for rent on Crowe River. Fully furnished. Available Nov. 1st to May 1st. Must have references, first & last plus security deposit. \$600. per month plus utilities. Call 613-395-2930.

**WARKWORTH** - 2 bedroom apt., Main Street. \$550. monthly. First & last plus security deposit. References required. Call Aly 705-924-2711.




**MARMORA** - 2 bedroom duplex, 2 baths. In town, close to shopping. Available Nov. 1. \$500. monthly plus utilities. Donna Reed 613-472-3338.

**MORTGAGES**  
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<b>McINTOSH APPLES</b>  <b>\$6.50</b> bushel	<b>PUMPKINS</b>  <b>\$3.50</b> & up	<b>10 VARIETIES OF APPLES TO CHOOSE FROM</b> 	<b>6 VARIETIES OF SQUASH</b> 
---	---	---	---

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**Smitty's Warehouse Operation**  
 For NEW or GOOD USED Appliances

Smitty has been keeping customers happy for 20 years in the appliance business. This proves Smitty has the BEST PRICE, SELECTION, GUARANTEE, QUALITY & SERVICE, plus same day delivery, seven days a week.

Smitty plans to be around for another 20 years. Now he has in-house financing at NO INTEREST. These are just a few of the many reasons to visit SMITTY'S for your new or used appliance purchase.

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 KING OF APPLIANCES

Open Evenings & 7 Days A Week  
 199 Front St. E. Port Hope, Ont. L1A 3A1  
**613-969-0287**

R.C.L. Branch 228 - Stirling Stamp" Saturday October 7, 2000, 8:00 p.m. Brian and Friends (formerly Country Pride) will be on the hay wagon and they will have many area musicians joining them during the evening. Price of admission includes beef or pork (done on a spit) on a bun, cole slaw etc. served from 8:00 p.m. - 10:00 p.m. Spot dances, admission \$10.00 p.p. Come out and have a great evening and support the branch so it may continue to support groups in the community.

**NUSSANCE BEAR TRAPPING WORKSHOP & FUR HARVESTERS AUCTION**  
 OCTOBER 28, 2000  
 Market & Fur Grading  
 Mark Downey  
 Guest - M.N.R. - CFMF - President - John McKevey  
 Everyone welcome - Lunch available  
 To be held at the  
**LOWER TRENT VALLEY FISH & GAME CLUB**  
 Frankford, Ont.  
 For information contact Price Morris, 8:00 a.m. to 3:00 p.m.  
 613-398-7648

## WANTED

## WANTED!! CREATIVE MINDS

The Campbellford Memorial Hospital, Wellness Centre, Foundation, Multicare Lodge and Health Centre are seeking creative minds to update their logos in the new millennium, keeping in line with our "health care campus". If you are interested in designing a single logo to reflect the health care campus philosophy, please pick up an information package at switchboard at Campbellford Hospital.

**Deadline for Submissions: Friday, Nov. 3rd, 2000**  
 For more information, contact Lynda Timney at 705-653-1140, ext. 2006

## The Classifieds - The Classifieds

**\$149\* Starchoice.**  
 421B Complete System  
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While quantities last. You pay \$249 + tax. We will give you a 421 B system & 3 year warranty, 5 PPV, surge protector, \$100 programming & installation. A total value of over \$300.

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**BINGO**  
 Major Top Rec. Centre, Belleville  
 Every Thurs. Evening  
 Every Bldg. 30 min.  
 Weekly Jackpot \$4,000  
 in 54 numbers  
 Consolation: Minimum \$2400. up to \$5000  
 All 5 combinations of 11 to 15 numbers  
 1st Prize \$4000  
 2nd Prize \$2000  
 3rd Prize \$1000  
 4th Prize \$500  
 5th Prize \$250

**Campbellford/Seymour Heritage Society**  
 113 Front St. N.  
 Campbellford, ON is sponsoring Autograph Days for "Cleaning" a History of Campbellford/Seymour Sat. & Sun. Oct. 14 & 15, 2000, 10 a.m. to 4 p.m.  
 Signees are local personalities and the editors.  
 Books are available for purchase. For further info call Marilyn Scott 705-653-5594

**BINGO**  
 STIRLING & DISTRICT LIONS CLUB  
 Every Monday Night, 7:10 p.m.  
 At Stirling Recreation Centre  
 Regulars: \$40 - Specials \$50  
 JACKPOT: \$2,000 in 62 numbers  
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**ULTIMATE POWERSPORTS**

Located at Belleville Truck Centre,  
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\*Offer valid on all new and unused 1999-2001 Arctic Cat ATVs, except Hunter's Limited Edition models. Winch Kit or Camo Pack installation is extra. Offer good at participating Canadian dealers. Financing is subject to credit approval through Arctic Cat's retail lenders. Offer valid 6/15/00-12/31/00. See your dealer for details. ATVs can be hazardous to operate. For your safety always wear a helmet, eye protection, and protective clothing. Never ride on paved surfaces or public roads. Never carry passengers; never engage in stunt driving; riding and alcohol/drugs don't mix and could cause injury or even death. Avoid excessive speeds and be particularly careful on difficult terrain. The Arctic Cat ATV may not be ridden by anyone under 18 years of age. Arctic Cat recommends that all riders take a training course, and that they read and understand their owner's manual before operation. For safety or training information, see your dealer. Along with concerned conservationists everywhere, Arctic Cat urges you to "Thread Lightly" on public and private land. Preserve your future riding opportunities by showing respect for the environment, local laws, and the rights of others when you ride. ©2000 Arctic Cat Sales Inc. ®™ Trademarks of Arctic Cat Inc., Thief River Falls, MN 56701. (218) 881-4999. Warn® is a registered trademark of Warn Industries. Arctic Cat ATVs are world-class products from Arctic Cat Inc.

# CHSS NEWS by Scott Reid and Tyler Cembal



## PUBLIC NOTICE

To waterfront property owners in the vicinity of Skootamatta, Moira and Stoco Lakes as well as the Moira and Skootamatta Rivers.

Quinte Conservation will be conducting the annual removal of stop logs at the following structures on or after **October 16, 2000:**

**Skootamatta Lake Dam**

**Downey's Rapids Weir below Moira Lake**

**Caton's Weir below Stoco Lake**

Property owners upstream from these structures can expect water levels to decrease to normal fall levels and should ensure that all boats, floating docks, etc. have been removed prior to

**October 16, 2000**

**Quinte Conservation**

**613-968-3434**

The Senior Boys' football team won against Bancroft with a score of 34-0! Last Wednesday, the Midget Girls' volleyball team had an extremely close game against Moira, but came out on top with a 33-27 win.

The annual Terry Fox run went smoothly with almost 600 students participating. Last year's total was surpassed (\$2600) and this year's set goal of \$2700 was exceeded by over \$300! Student council also donated \$1 extra for each person who participated. Students chose to do either the 10km or 5km

routes. As a special treat at the end of the walk, the participants were treated to a presentation by the skydiving team, the 2000 Sky Hawks. There were 12 jumpers in all. Madoc Public School students came out and watched the Sky Hawks as well.

October 18 is parents' night for all the grades. For a meeting with a teacher, please call the guidance office at 473-4251 for appointments.

The Universities are visiting the OAC and Grade 12 students now and they are telling the students about the various programs each is offering.



All photos by Aubrey Johnson



The 2000 Sky Hawks precision team members display their manoeuvres during their stop over at CHSS!



## Influenza Immunization Program

- For:
- people over 65 years of age
  - people of any age with chronic health problems (consult your family doctor)
  - health care workers
  - emergency service workers (police, fire and ambulance)

Call your doctor or come to a Health Unit clinic listed below.

<b>BANCROFT</b>	(613) 332-4555	Hastings Centennial Manor Maple Street	Thursday, October 19	2:00-7:00 p.m.
<b>BELLEVILLE</b>	(613) 966-5500	Health Unit 179 North Park Street	Mon., October 23 Tues., October 31	2:00-7:00 p.m.
<b>MADOC</b>	(613) 473-2427	Health Unit 108 Russell Street North	Thursday, November 2	2:00-7:00 p.m.
<b>MARMORA</b>	(613) 473-4247	Marmora Town Hall Burstall Street	Monday, October 16	10:30 a.m. - noon 1:00-3:00 p.m.
<b>PICTON</b>	(613) 476-7471	Health Unit 74A King Street	Tuesday, October 10	3:00-7:00 p.m.
<b>STIRLING</b>	(613) 473-2427	St. Paul's United Church 104 Church Street	Friday, October 13	9:00 a.m. - 2:00 p.m.
<b>TRENTON</b>	(613) 394-4831	Health Unit, West End Plaza 499 Dundas Street West	Wed. October 11 Wed. October 25	2:00-7:00 p.m.

Clinics for the general public will be scheduled in November and December.

## NORTH HASTINGS COMMUNITY DEVELOPMENT CORPORATION

Small Business Loans available  
up to \$125,000.

For more information contact

**(613) 332-5564**

**1-800-465-4119**

**www.nhcdc.on.ca**

# FIREARMS LICENCE ASSISTANCE

**NOW  
AVAILABLE**

## Belleville

Quinte Mall

390 North Front Street (East entrance)

Mondays to Fridays  
Saturdays  
Sundays

9:30 am - 9:00 pm  
9:30 am - 6:00 pm  
11:00 am - 5:00 pm

## It's Cheaper!

Hurry before the \$10 fee for a  
Possession-Only Licence goes up to \$60.

## It's Easier!

A team of trained individuals will provide a licence application  
form, help you with it, and take your photo free of charge.

**Please don't bring your firearms!**

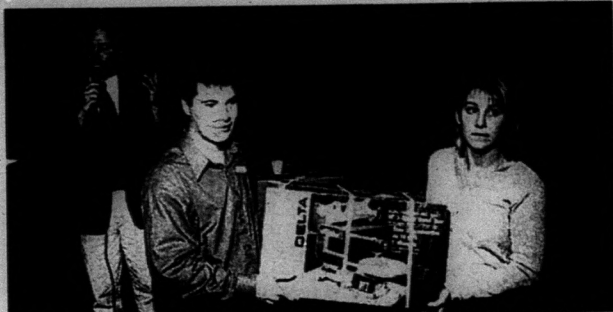
For more information, assistance or forms:

**1 800 731-4000**

**www.cfc.gc.ca**

**Canada**





Pictured are auctioneer Boyd Sullivan with CHSS assistants Erin Rollins and Matthew Scaife. Photo by Aubrey Johnson

### THE LIBRARY IS CENTRAL TO A BASIC EDUCATION

by Aubrey Johnson

In this age of computers and databases and videos the librarian can serve as an instructional leader to principals, teachers, students and the general public. Librarians can serve as guides through the maze of informational resources. But perhaps more importantly, they can ignite a lifelong love for learning.

Some people may decry the emphasis on non-book materials in the library. By adding the name Cultural Centre to the Madoc Public Library in this age of digitalization, the people who are responsible for the expanded vision of the library have as their mission to strengthen the role the library has as a central focal point in helping to educate all people who will use the new facility. But this vision comes with a

price tag.

On September 29, over 260 people attended the dinner/auction held at the Madoc Township Hall to raise funds for the new Madoc library building campaign. Area businesses and individuals had donated over 250 items for the live and silent auction. Before the last drop of the gavel, auctioneer/comedian Boyd Sullivan had begged, cajoled and humorously insulted the crowd into spending over \$17,000 for the cause!

To date, almost one third of the required amount for expansion of the facility has been raised.

Over 30 volunteers, ranging from teenagers to seniors joined together to make the fund raiser a reality. Staff of both the Centre Hastings Municipal office and the Madoc Township office as-

### DEATH NOTICE KUYPPERS, ALLEGONDA

At PRHC, Hospital Drive on Sunday October 1, 2000 in her 87th year, formerly of Madoc. Beloved wife of the late Peter Kuyppers. Loving mother of Matt Kuyppers of Bridgenorth, Mariette Briand and husband Don of Keene, Josie Reid and husband Douglas of Ennismore, Francine Antonisse and husband Gus of Stittsville, and Gerrard Kuyppers of Peterborough. Dear grandmother of 7 grandchildren and 12 great-grandchildren. Lovingly remembered by many relatives in Holland. Funeral Mass was held in Sacred Heart Church, Madoc on Thursday, October 5, 2000 at 11 a.m. Interment Sacred Heart Cemetery, Madoc. Donations to the Canadian Cancer Society would be appreciated by the family. (Arrangements by DUFFUS FUNERAL DIRECTORS, Peterborough, 705-745-4612)

sisted in the project. The Centre Hastings office staff printed the programs. Bar profits and the hall rental fees were turned back as a donation by Madoc Township. Catering of the roast beef dinner was by Rhonda

and Kathy's Catering Service.

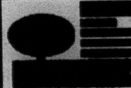
October 16-22 has been designated as Ontario Public Library Week. Take time to drop by the Madoc Public Library, take a look at the plans for the new building

and don't forget to check out those new computers, courtesy of the Bill and Melinda Gates Foundation.

Librarian Susan Smith will make your visit a memorable experience.

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REAL ESTATE  
SERVICES INC.



Ontario  
Realty  
Corporation

### REQUEST FOR PROPOSALS

Acting on Behalf of Ontario Realty Corporation, Rockwell Commercial Real Estate Services Inc. invites submissions from owners and authorized agents for the leasing of approximately 6,640 contiguous, useable square feet of office space in accordance with BOMA (ANSI Z65.1 1980). The space must be at grade on one floor.

**Location:** In the O.P.P. Detachment area which is bordered on the west by the Hastings Northumberland County Line, east by the Hastings/Addington County Line, north by Gilmore Road and in the south by Ridge Road on a highway, County Road or main thorough fare.

**Occupancy Date:** 01 September 2001

**Term:** Ten (10) years with one five (5) year option to renew.

**Submissions:** In order to be considered, all proposals must be submitted in accordance with the Lease.

Proposal Call Documents available from:

ROCKWELL COMMERCIAL REAL ESTATE SERVICES INC.

P.O. Box 1773, 209 Wellington Street, Suite 200

Kingston, Ontario K7L 5J6

(613) 542-2724, (613) 542-3949 (fax)

Attention: Mr. Martin L. Skolnick  
Vice President

All submissions in their entirety are to be delivered to Rockwell Commercial Real Estate Services Inc by 5:00 p.m. (EST), 25 October 2000. Submissions of proposals by facsimile will be accepted, with the original thereof to be submitted in a sealed envelope at the above noted address within three (3) business days of the Closing Date.

For further information, please contact Martin L. Skolnick at 613-542-3949 or [martins@rockwellcommercial.com](mailto:martins@rockwellcommercial.com). The lowest or any submission may not necessarily be accepted.

The building must be asbestos free, meet Management Board Secretariat's environmental requirements and have barrier free access, all further specified in the Proposal Call Documents.

### DEL MONTE VEGETABLES

Selected  
Varieties  
398 mL

**44¢**

### MOTT'S CLAMATO JUICE

1.89 Litre

**\$3.29**

### HEINZ TOMATO JUICE

1.36 Litre

**\$1.29**

### BICK'S PICKLES

Selected  
Varieties  
1 Litre

**\$2.49**

### B.C. MASHED POTATOES

215 g

**\$1.79**

### AYLMER SLICED BEETS

398 mL

**99¢**

### RAGU PASTA SAUCE

700 mL

**\$1.99**

### HOLIDAY HOURS

SAT. OCT. 7 - 8 A.M. - 6 P.M.

SUN. OCT. 8 - 10 A.M. - 5 P.M.

THANKSGIVING MONDAY OCT. 9 - 9 A.M. - 5 P.M.

### RED SEEDLESS GRAPES

Prod. of  
USA  
No. 1 Grade

**99¢** lb.

### CRANBERRIES

Fresh  
Prod. of USA  
No. 1 Grade

**\$1.49** 12 oz.

### OCEAN SPRAY CRANBERRIES

398 mL

**\$1.69**

### DEL MONTE PINEAPPLE

398 mL

**89¢**

### KRAFT PARMESAN CHEESE

Grated  
250 g

**\$4.99**

### TURKEYS

Utility

**\$1.59** lb.

Grade 'A'

Frozen

**\$1.69** lb.

### FRANCO AMERICAN GRAVY

284 mL

**77¢**

### E.D. SMITH PUMPKIN PIE FILLING

796 mL

**\$1.99**

### MOTT'S APPLE SAUCE

796 mL

**\$1.79**

Prices in effect  
from Saturday, Sept. 30  
to Friday, Oct. 13, 2000

For Your Shopping Convenience  
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### MAXWELL HOUSE COFFEE

1 kg

**\$5.99**

### KRAFT MIRACLE WHIP

Reg. or Lite  
1 Litre

**\$2.99**

### KRAFT SALAD DRESSINGS

475 mL

**\$1.99**

### LAY'S POTATO CHIPS

270 g

**\$1.67**

### P.C. CRACKERS

Crisp & Thin  
150 - 225 g

**\$1.49**

### PHILADELPHIA CREAM CHEESE

250 g

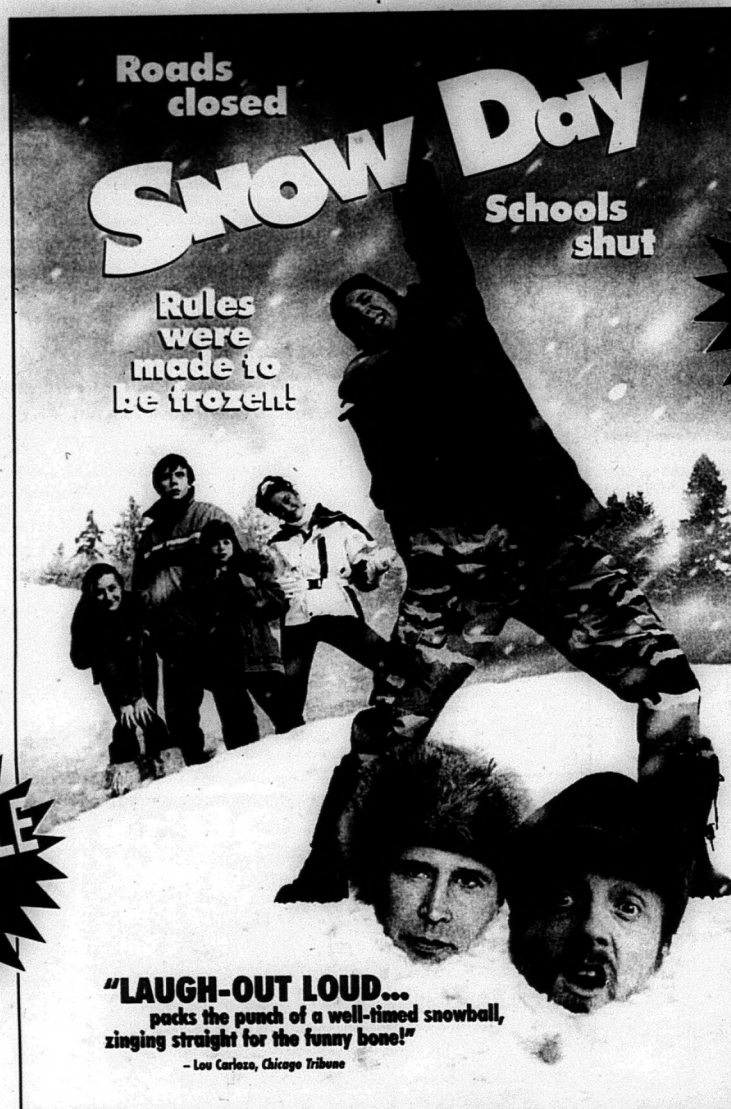
**\$1.99**

### CRACKER BARREL CHEESE

600 g

**\$4.77**

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Vol. 123 No. 41 Saturday, October 14, 2000

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Pictured are President (outgoing) Mr. Ted Cassidy inducting President (incoming) Mr. Crichton Harrop, as Lt. Gov. Mr. James Lawrence looks on. Photo by Aubrey Johnson

## Meet the New President

by Aubrey Johnson

Kiwanis International, a community service organization for business and professional men, derives its name from an Indian word meaning "to make one's self known."

The individual clubs, which are composed of not more than two representatives of each business or profession in a community, meet at weekly luncheons. They render service in such fields as vocational guidance, social welfare, public affairs and business organization. The organization's motto is "We build."

Kiwanis International was founded January 21, 1915, in Detroit, Michigan, by Allen Simpson Browne, a Moose Lodge organizer, and Joseph G. Prance, a tailor. Kiwanis is an organization devoted to the principle of service; to the advancement of individual, community, and national welfare and to the strengthening of international goodwill.

Since its founding, Kiwanis has expanded into a family of service clubs that include young European adults (Kiwanis), university and college students (Circle K), high school students (Key Club), middle and junior high school students (Builders Club), and elementary school students (K-Kids).

Kiwanis-family membership spans the globe, with more than 600,000 members in more than 13,000 clubs in 79 countries. Kiwanis clubs

alone give on average \$70 million and 6.5 million volunteer hours for community service each year.

The six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 Convention in Denver, Colorado.

Through the succeeding decades, these objects have remained unchanged; To give primacy to the human and spiritual rather than to the material values of life; To encourage the daily living of the Golden Rule in all human relationships; To promote the adoption and the application of higher social, business, and professional standards; To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship; To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities; To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.

The Madoc Kiwanis Club, formed in 1948, embodies these principles in all its functions and strives to set an example for the community in which it is situated.

The Madoc Club, one of nine clubs in its division, currently has 18 community minded volunteer members whose underlying belief is in their contribution to society and is seen in their support

of community initiatives.

In a recent installation ceremony, Lieutenant Governor for District II James Lawrence thanked the club for its involvement during the past year and had the pleasure of presenting Mr. Crichton Harrop as the new incoming President, taking over the duties from outgoing President Ted Cassidy.

Mr. Harrop, in his acceptance speech, committed his role as President to the functions of looking at membership and ways to improve the club in a positive fashion.

## Fire Prevention

by Aubrey Johnson

The week of October 9-14 was designated Fire Prevention Week. As a reminder of the consequences of fire related incidents, your local fire departments would like to remind you of the following statistics and means to curb this sinister occurrence.

On average, fire has killed eight people each week in Canada and has injured many more. Undoubtedly, the most disturbing message is that the residential property classification accounts for the largest number of fires and fire deaths. Some 80% of the nation's fire fatalities and 70% of the fire injuries occur in residential property. The young and eld-

by Aubrey Johnson

October is CNIB month. Since 1918, the Canadian National Institute for the Blind has been helping blind, visually impaired, and deafblind Canadians address one of the greatest challenges of their lives: thriving, - not just surviving - in a sighted world.



Whether it's helping children become literate in Braille, aiding adults in acquiring workplace skills, or teaching seniors the daily living skills that can help them continue to lead independent lives, the CNIB has always been guided by a key principle: people who are blind or visually impaired can be as productive, fulfilled, and happy as sighted people.

In executing its mandate and maintaining the trust of its clients, the CNIB strives

hard to be a triple-A organization - to be an organization that builds awareness, expands access, and ensures accountability between itself and its stakeholders.

Ultimately, the most important goal of the CNIB is to ensure that blind and visually impaired Canadians have the resources necessary to fulfill their dreams.

You may have trouble reading the telephone book or a newspaper. It may take you a minute to adjust when you step out of a building into bright sunlight.

You may no longer be able to see well enough to drive a car. Low vision touches all of our lives either personally or through a loved one.

This year, Madoc will be conducting an "Indoor" Door-to-Door Campaign for the Canadian National Institute for the Blind headed by Jim Roulston of the TD Bank and Dr. T.J. Edwards of Madoc Eye Care and supported by staff in both locations in receiving donations for the CNIB and issuing receipts.

**Please support the CNIB Rehabilitation Services for the blind, visually impaired and deafblind in Hastings County by dropping by and giving. No matter how much or how little, you can make a difference!**

CNIB services are available, free of charge, to anyone who is experiencing difficulties as a result of vision loss, or the combined loss of hearing and sight.

You don't have to be totally blind to open the door to CNIB's personalized programs such as Counselling



and Referral, Sight Enhancement (Vision Rehab), Rehabilitation (adjusting your lifestyle to your visual impairment), Orientation and Mobility (to move around safely and independently in your home, supermarket, or taking a walk in your neighbourhood).

Technical Aids (products designed for low vision such as magnifiers, talking watches, clocks, large print cards, remote controls, calculators etc.) and CNIB Library (audio cassettes, descriptive video, talking book machines, large print and Braille books) are available. Just call the local CNIB centre at 966-8833 for further information.

question that smoke alarms save lives.

A segment of the CTV television program, "W-Five" recently suggested that most smoke alarms currently in use in Canada and the United States are ineffective. This is misleading.

Fire deaths have decreased dramatically in the past 20-25 years with some provinces recently recording their lowest fire death rates. This time-frame is coincidental with the increased use of smoke alarms. Enhanced building and fire codes and greater public awareness are contributing to the reduction in fire deaths, but possibly the most important effect is

According to the National Fire Protection Association, homes with working smoke alarms have nearly a 50 percent lower risk of fire death. Years of statistical and anecdotal evidence collected across Canada leave no

## THIS WEEK'S FLYERS

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- Canadian Tire
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- Wal-Mart

Please notify the Marmora Herald at 613-472-2431 if you do not get the flyers listed in your paper.

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continued on page 2

# Madoc The Review

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continued from page 1

from greater use of home  
smoke alarms.

There are two types of  
household smoke alarms in  
common use - ionization and  
photoelectric.

Both technologies are  
tested to the same standard  
and both will detect all types

## Fire Prevention

of fires that commonly oc-  
cur in the home. However,  
photoelectric alarms are  
more sensitive to smoulder-  
ing fires, while ionization  
alarms may respond slightly  
faster to flaming fires.

Predicting the type of fire  
that will occur is almost im-  
possible, making it diffi-  
cult to recommend the best  
type of smoke alarm. How-  
ever, fire safety can be en-  
hanced by installing both  
types as appropriate.

Testing of smoke alarms  
is carried out regularly by  
accredited agencies such as  
Underwriters' Laboratories  
of Canada (ULC).

Clearly, it is the responsi-  
bility of the manufacturers,  
as well as the testing and

certifying agencies such as  
ULC, to address questions  
about this public safety is-  
sue in a timely manner.

The fire service recom-  
mends that residences have  
at least one smoke alarm on  
every floor level and outside  
all sleeping areas.

Smoke alarms should be  
maintained following the  
manufacturer's instructions  
and tested regularly to ensure  
that they are working. For  
greater protection, install a  
smoke alarm in every room.

The Fire Service cautions  
that working smoke alarms  
alone are not enough to pro-  
tect a home from fire. The  
best defence against fire is  
not to have a fire in the first  
place. Fire and smoke travel

very quickly, often with  
tragic consequences.

Fire prevention measures  
must be taken at all times in  
any fire related activities.

Careless cooking and  
smoking still continue to be  
the leading causes of home  
fires and extra care must be  
taken when engaged in these  
activities.

In addition, home escape  
plans must be developed and  
practiced by all residents.

If a fire occurs, working  
smoke alarms and a well-re-  
hearsed escape plan can sig-  
nificantly increase your  
chances of survival.

The  
**Madoc Review**  
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has moved!

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(for kids)  
WEDNESDAY: 7:00 p.m. Youth  
(J & S)

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## News from Marmora Senior School

by Michele Fairfield  
On October 6, the students participated in a walkathon to raise funds for the computer lab and transportation. Grades Four and five students walked five kilometres to the Mine Site back. Grades Six, Seven and Eight were bussed to Bonarlaw and returned along the Trans Canada Trail. Teacher Mr. Danford estimated about 75% of the students participated to raise about \$3,800, amount that is on par with previous years.

**Junior Boys Soccer**  
The school hosted the

Centre Hastings Association School Group Junior Boys Soccer Tournament last Tuesday. Four teams participated from grades four to six. Despite a valiant effort by the MSS boys, Madoc won the tournament. Our boys were the only team in the round robin to beat Madoc. It was the first time the school hosted the event in a few years, said Mr. Danford. Staff member Lionel Dunlop coordinated the tournament and devoted some of his weekend to preparing the field.

### Food and Drink

The school is providing a hot-lunch, or hot-main dish

rather, every Friday. Right now it's pizza but other foods may be tried throughout the year. Each week a different class organizes the lunch. Staff see this as a valuable opportunity for students to learn organizational skills by planning the activity and then following through. Next will be a milk program where students can purchase white or chocolate milk at the morning recess or at lunch. Marmora and District Lions Club has donated a fridge chill the milk.

Currently the school is gearing up for its first Fall Fun Fair scheduled for October 26.

## On water permits

# Dombrowsky introduces private members bill

Leona Dombrowsky, MPP for Hastings-Frontenac-Lennox and Addington introduced a private members bill that would require the Ministry of the Environment to notify municipalities and conservation authorities when a permit to take water has been applied for.

"Municipalities and conservation authorities have no idea how many permits have been issued in their regions, and what impact these permits might have on the watersheds in their communities," Ms. Dombrowsky states in a prepared news release.

This Bill, the Ontario Wa-

ter Resources Amendment Act (Water Taking Permit Notification), 2000 will require the Director of the Ministry of the Environment to notify affected municipalities and conservation authorities of permits pending in their region. These government agencies would then have 30 days to provide comment on the application.

"Water taking permits can affect a number of issues in land use planning and watershed management that directly impact municipalities and conservation authorities," said Ms. Dombrowsky. "Presently, the Director may notify these groups about pending per-

mits, however, this is not done on a consistent basis. Municipalities and conservation authorities must search the environmental registry web site looking for applications that might impact their local water supply."

Ms. Dombrowsky's Bill addresses concerns that have been raised by a number of provincial organizations, including the Association of Municipalities of Ontario.

"Ontario needs a comprehensive plan to manage our precious fresh water supplies, this Bill is a first step toward making that goal a reality," Ms. Dombrowsky concludes in the release.

## Timbertrail Western Riders donate to P.A.R.D.

by Michele Fairfield

Pleased with the success of their first pledge ride for the Peterborough Association for Riding for the Disabled, Timbertrail Western Riders plan to make the ride an annual event to be held the third Saturday in September.

This year 43 horses and riders participated in a wet day and have raised \$3162.30 to date. Pledges are still being accepted.

Treasurer Don Moroughan said the trail ride organizers appreciate the riders who came out on such a rainy day.

*"Happy trails", and riders - Timbertrail Western Riders President Clair Newell (left) and Treasurer Don Moroughan present P.A.R.D. representative Rose Millett with the donation. Photo/Submitted.*



## Tim Bits skating program starting

A fun hour weekly program starts soon in Madoc. It teaches children to skate through short drills and games. This is for kids who have never been on ice, or beginners who don't have

the skills to play on a Novice or Tyke team.

It isn't playing hockey, but the skills learned are useful later. Mainly, it is about going to the rink and having fun.

The target age is 3 - 7 years old. Skates and full hockey equipment are needed.

Where? At the Madoc Arena.

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- people over 65 years of age
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  - health care workers
  - emergency service workers (police, fire and ambulance)

Call your doctor or come to a Health Unit clinic listed below.

<b>BANCROFT</b>	(613) 332-4555	Hastings Centennial Manor Maple Street	Thursday, October 19	2:00-7:00 p.m.
<b>BELLEVILLE</b>	(613) 966-5500	Health Unit 179 North Park Street	Mon., October 23 Tues., October 31	2:00-7:00 p.m.
<b>MADOC</b>	(613) 473-2427	Health Unit 108 Russell Street North	Thursday, November 2	2:00-7:00 p.m.
<b>MARMORA</b>	(613) 473-4247	Marmora Town Hall Burstall Street	Monday, October 16	10:30 a.m. - noon 1:00-3:00 p.m.
<b>PICTON</b>	(613) 476-7471	Health Unit 74A King Street	Tuesday, October 10	3:00-7:00 p.m.
<b>STIRLING</b>	(613) 473-2427	St. Paul's United Church 104 Church Street	Friday, October 13	9:00 a.m. - 2:00 p.m.
<b>TRENTON</b>	(613) 394-4831	Health Unit, West End Plaza 499 Dundas Street West	Wed. October 11 Wed. October 25	2:00-7:00 p.m.

Clinics for the general public will be scheduled in November and December.

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# Midweek

This section runs in all eight of the following newspapers with 100% household coverage in their areas for a circulation of over 27,100.

**Stirling**  
*The News-Argus*

**Havelock**  
*The Citizen*

**Campbellford**  
*The Courier*

**Marmora**  
*The Herald*

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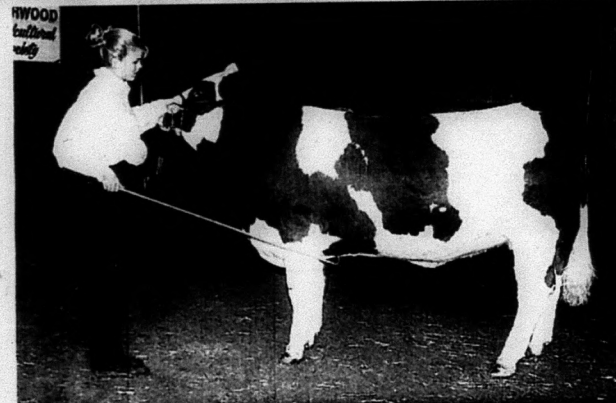
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## YOUR LOCAL REAL ESTATE AND CLASSIFIED MARKETPLACE



**Rural richness on display:** The 132nd Norwood Thanksgiving Fair was a splendid success despite cooler weather this year. During the course of the three-day event, at least 24,000 people (Children 12 and under get in free) paid to enjoy a rich and varied menu of agricultural delights. The highlight list is simply too long to list.

Photos/Bill Freeman

## Millennium results from the 132nd Norwood Fall Fair

### DAIRY

#### 4-H Day

**Pre 4-H Showmanship** - Emma McMillan, Ethan McMillan, Justin Crowley, Steven Stockdale, Melissa Sager, Ryan Crowley, Bruce Sargent, Vanessa Crowley, T.J. Lacey, Vanessa Dubay, Daniel Sargent, Kyle Stockdale.

**Jr. Showmanship** (Embrdale Trophy) - Christina Crowley, Stephanie Warner, Carly Jopling, Dan Teasdale, Julia Buck, Stephany Sargent, Katlyn Merrill, Jennifer Sager, Diana Vandermullen, Amanda Dubay.

**Intermediate Showmanship** (Embrdale Trophy) - Morgan Millson, J. Vandermullen, Chris Avery, Sherry Hannon, Jennifer Jopling, Julie Ann Burn, Cynthia Sharp, Katy Jopling.

**Senior Showmanship** (Embrdale Trophy) - Richelle Heffernan, Patricia Heffernan, Greg Sedgwick, Rob Sedgwick, Liz Millson, Trevor Sharp, Donna Jopling.

**Grand Champion Showmanship** (G.A. Brethen Memorial Trophy) - Patricia Heffernan. Because Patricia has won the award two times the trophy was presented to Reserve Champion Rob Sedgwick.

**Female Calf Conformation** (Sampson Family Trophy) -

Christina Crowley, Katlyn Merrill, Stephanie Warner, Ariel Hart.

**Intermediate Conformation** (Sedgwick Trophy) - Stephany Sargent, Diana Vandermullen, Jen Jopling, Rory Stanley, Amanda Dubay, Julie Burn, Julia Buck.

**Senior Calf Conformation** (Taralee Farms Trophy) - Rob Sedgwick, Morgan McMillan, Patricia Heffernan, Carly Jopling, Nikki Briggs.

**Summer Yearling Conformation** (Heron Family Trophy) - Richelle Heffernan, Katy Jopling, Donna Jopling, Sherry Hannon, Cynthia Sharp, Jennifer Sager.

**Junior Yearling Conformation** (Heffdaven Trophy) - Liz Millson, Jennifer Vandermullen, Dan Teasdale, Trevor Sharp, Chris Avery.

### Holstein

**Wilfred Buck Memorial Trophy** - Ronbeth

**Female Junior Calf**, Crovalley; **Intermediate Calf**, Robert Heffernan; **Senior Calf**, Crovalley.

**Female Summer Yearling**, R. Heffernan; **Junior Yearling**, Crovalley; **Senior Yearling**, Crovalley.

**Junior Champion** - Crovalley Milan Alana

**Reserve Junior** - Heffernan, Willow Hill Mich Heather

**Female 2 year old**,

Ronbeth; 3 year old, Ronbeth; 4 year old, Ronbeth.

**Female Mature Cow** - Crovalley

**Grand Champion Female** - Ronbeth

**Reserve Champion** - Ronbeth

**Best Udder** - Ronbeth leader Ella

**Breeder's Herd** (Ronbeth Trophy) - Ronbeth, Crovalley

### Jersey

**Female Junior Calf**, Sargent; **Intermediate Calf**, Sager; **Senior Calf**, Vandermullen.

**Female Summer Yearling**, Sargent; **Junior Yearling**, Vandermullen; **Senior Yearling**, Vandermullen.

**Junior Champion** - Vandermullen

**Reserve Champion** - Sargent

**Female 2 year old**, Vandermullen; 3 year old, Sargent; 4 year old, Sargent; 5 year old, Kampe

**Female Mature Cow** - Sargent

**Grand Champion** (Pakenham Insurance Trophy) - Sargent

**Reserve Champion** - Sargent

**Best Udder** - Sargent

**Breeder's Herd** - Sargent, Vandermullen

Continued on Pg. 13-A

## Rebels with a cause

With just a handful of hold-overs remaining, the Campbellford Rebels appear to have their work cut out to retain the Empire B Junior Hockey League crown they won in 1999-2000.

However, the new look Rebs have given the coaching tandem of Tom Tanner and Ed Stapley reason to feel hopeful with several promising performances in their first few starts of the new season.

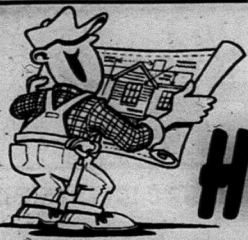
Backed by the shutout goaltending of Eddie Stevens, the Rebels launched their authentic home season on Campbellford ice Saturday, Oct. 7th by weighing in



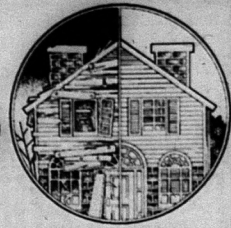
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Eddie Stevens blanked the Eagles 3-0. Photo/Ruby Elder





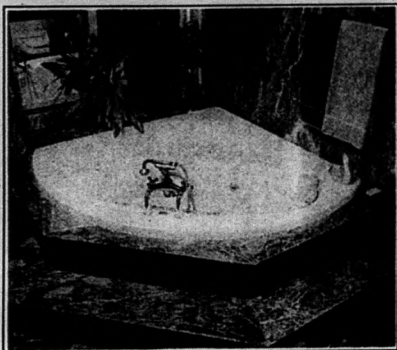
# Fall & Winter 2000 HOME IMPROVEMENT



## The investment for renovating kitchens and bathrooms

Although remodelling specialists tend to shrink from stating average costs because of the wide range of variables, it is possible to use a few rules of thumb to figure out your budget. The estimated cost of a kitchen professionally installed with standard-sized, ready-made components is \$10,000 to \$20,000; a bathroom of similar quality costs approximately \$6,000 to \$8,000. You can also expect prices to vary according to the region and your individual needs. They will skyrocket if custom work is necessary or desired.

Another, perhaps sounder, method of determining how



much you should invest is to consider the real estate value of remodelling. In the real

estate industry, it is general rule that a house—no matter how elaborately remodelled—

can seldom be sold for more than 10 to 15 percent above the median price for a home in its neighbourhood. This principle applies most accurately in the suburbs, rather than in urban areas, where there may be clusters of extensively remodelled homes, or in rural regions where neighbourhoods are not apparent.

To determine the median price of a home in your area, consult real estate agents. Although the value may increase if you do not intend to sell for several years, the current figure is the safest to work with. You can use it to begin your budget, keeping in mind that you should

not spend more than 15 percent of it on remodelling—including not only the kitchen and bath but any other rooms. If, for example, the median price is \$200,000, it is probably unwise to invest more than \$30,000, or 15 percent, in total remodelling.

### 15 percent rule

It is important to remember, however, that if you stay within the parameters of the 15 percent rule, kitchens and baths frequently return well over 70 percent of the total cost invested in them—70 to 85 percent for a bathroom, and 80 to 120 percent for a kitchen. Even higher returns are possible if you perform

the labor yourself. Therefore, if you're trying to apportion your budget among several rooms, you may want to give these two priority.

Finally, make sure that you have considered every emergency. Most cost overruns result from unexpected structural changes that must be made, due to problems that were either created by earlier remodellings or have been hidden by wall or floor coverings. You may even discover that selected appliances will not fit through your hallways, doors or windows. Working with a professional can help you avoid these pitfalls.

## Some easy decor projects

### Finial fashion

Fence post finials from your local lumber store come in a wide variety of shapes and sizes; they can add the same architectural interest to your mantel or table setting as they do to plain fences. To make a candle holder, drill a hole into the top of the finial using a 3/4-inch drill bit. Brush a coat of gesso over the entire finial and lightly sand smooth, then apply your choice of finish. For a lustrous burnished look, apply silver leaf to the finial, then rub artist's oils in grey, pewter and burnt umber over the surface. Or create the look of time-weathered painted wood by finishing the finial with a crackle



glaze. Easy-to-use three step crackle finish kits are available in craft stores. For a simple, elegant candle holder, highlight detailing with silver or gold leaf directly over the gesso.

### Modern mobility

Give an ordinary end table a contemporary touch by adding large casters to the legs. A table on wheels is perfect for parties when its

flexibility is especially convenient, or as a TV table that can be rolled out of sight when not in use. Simply drill a hole into the bottom of each leg and insert a caster. For an au courant look, paint the table in one of today's fashionable colours, such as deep pumpkin orange, rich ochre or bright cobalt blue.

### Bedecked and bejeweled

Spice up your decor with a touch of Moroccan magic. For instant drama, string brightly colored glass and metal beads onto a long piece of dental floss, knotting at both ends. Swag the beads around a circular table, attaching each loop to the underside of the table with up-

holstery tacks. To create the small "tails", string shorter lengths of beads and attach to the upholstery tacks before securing the loops to the table.

### Velvet allure

Remember velvet? After the passing of the earth-loving 70s, did you hope you'd never see a brown velvet couch again? Brace yourself: velvet is back and it's hot. What could be more luxuri-

ous than drawing back thick velvet draperies against a cold winter storm, more sumptuous than sinking into a comfortable armchair

Continued on page 7-A

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# Fall & Winter 2000 HOME IMPROVEMENT

## Fireplace installation is easy with a vent-free gas system

If you have resisted adding a fireplace to your home because of the potential cost and attendant construction mess, you might want to consider a vent-free gas fireplace system.

Vent-free gas fireplaces, which include a firebox, set of gas logs and appropriate controls, are the fastest-growing segment of the fireplace industry. There are a number of reasons for their popularity, but ease of installation is often at the top of the list.

Vent-free gas fireplaces come in a broad range of sizes and styles, they provide very efficient supplemental heating, and they represent good value. But the primary reason homeowners like them is because they can be installed in almost any room of the home without the cost or construction mess associated with adding a masonry fireplace. In fact, there are so many options and installation is so easy that the hardest part may be deciding which one to purchase and where to put it.

Since no venting is required, a vent-free fireplace can be installed on virtually



A vent-free gas fireplace was installed in this family room in an afternoon.

any interior wall in a room, not taking away from valuable window views and light, a negative often associated with traditional vented fireplaces, which require exterior walls for installation. A see-through or peninsula model can be installed as a divider between rooms. We recommend doing a little homework before finalizing a decision on placement.

In some rooms, the ideal location will be obvious; in others, placement might require more study. To add in the decision-making process, use tracing paper to lay out a number of floor plans and placement options. Take a look at furniture arrangement and traffic flow in and out of the room to determine how the addition of a fireplace will impact the daily use of the space.

Once you've chosen the location, the next step is to determine the style, model size and input rating. Since all of the heat generated by a

vent-free fireplace stays in the room, rather than going up the chimney as in a wood-burning fireplace with an open flue, an oversized unit quickly will overheat the space in the immediate vicinity of the fireplace. By contrast, a unit that's too small may not provide adequate heat. Ask your local dealer to help you select the best model and the right input rating for maximum enjoyment.

Once your fireplace is delivered, installation is easy. First, measure the wall to assure the fireplace will fit properly, relative to corners, doorways and windows, depending on the layout. Next, build the frame. Position the firebox, the unit that houses the gas log set and grate, in place, and rough in the gas line through the facility provided in the side of the firebox.

The installation of the gas line and the connection of the gas log assembly must be completed by a qualified gas-

appliance installer. In many areas, these technicians must be licensed. The local dealer, a local building official, the gas utility or your LP gas supplier can be of assistance.

The next step is to complete the wall around the fireplace by putting up the wallboard and the decorative surround around the fireplace opening. Any non-combustible material can be used to overlap the seam between the wallboard and the fireplace. However, if the firebox has louvers, do not cover them with any facing or finishing material. A hearth extension is not required for a vent-free gas fireplace, but it may add a desirable decorative touch. If you plan to install a mantel, make sure the clearance between the mantel and the fireplace opening is in accordance with the instructions provided with the vent-free gas fireplace.

The final step is the installation and start-up of the log assembly. During this step, the installer will test the system to assure that it is free of leaks and that the gas pressure is adequate when the logs are at the highest setting and other gas appliances on the system are in operation.

Vent-free gas fireplaces are available for use with either natural gas or propane. If the fireplace is being added to an existing propane system, it may be necessary to update the system with a two-stage regulator. It also may be necessary to increase the size of the propane tank. A minimum 120-gallon tank is recommended.

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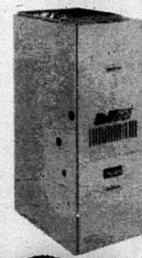
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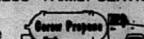
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# Fall & Winter 2000 HOME IMPROVEMENT

## Five easy steps for adding value to your home this autumn

Before months of frigid weather and mounds of snow barricade your home from view, take time to prepare your house for the onslaught of winter.

Do-it-yourselfers all across the nation check their roofs and clean out gutters before the winter months. However, if you want to go one step further, consider sprucing up your home with easy-to-install urethane millwork products.

Along with the satisfaction of upgrading the look of your home, these products don't warp, rot or decay. This means that when the snows melt away, you won't be starting your spring thaw-out by replacing chipped and rotted wood pieces. And, urethane millwork also adds curb appeal to your home - which can translate into added value in the long run.

**Value Tip No. 1** - Start with the front door. Add height and elegance to the exterior of your home by replacing your decorative pieces with urethane mill-



Add value to your home with easy-to-install urethane millwork products.

work products. Customize doorways with fluted pilasters, a ram's head, or peaked cap or acorn pediments for added grace and style.

This warm, welcome look can be installed in one weekend. All urethane millwork products have a closed cell structure that prevents penetration and absorption, so

you can install your door surrounds confidently, knowing you'll enjoy them for years to come.

**Value Tip No. 2** - Look at - not through - your windows. Keystone, dentil trim, half-round and sunburst pediments, decorative arch molding, and window crossheads are available for all sizes of windows. These lightweight pieces go up easily and stay up for the lifetime of your home.

**Value Tip No. 3** - Don't forget the garage. You enter through this door every day, so why not make your arrival a welcoming experience?

Easy-to-install fluted pilasters and a door crosshead can make entering your home more enjoyable. And, if your garage faces the street, this is an essential way to improve the overall look - and value - of your home.

**Value Tip No. 4** - Look up, and trim down. Add classic crown or fascia dentil moldings beneath gutters and

eaves to enhance the appearance of your home. The overall look of your home can change substantially just by putting some finishing touches of molding on top of your siding and below the eaves.

**Value Tip No. 5** - Look at every nook and cranny for home improvement opportunities. Accent a bay window or a gable by adding fishscale panels made from urethane millwork. These brushed cedar-looking molded shake panels interlock and overlap end to end and top to bottom for high performance and durability.

## Tips for unsure do-it-yourselfers

For every person who enjoys making repairs around the house, there is another person who can barely tell the difference between a wrench and a screwdriver. For those who dread making home repairs, even the simplest tasks, like hanging a frame on the wall, can be difficult. One of the toughest choices that not-so-talented do-it-yourselfers must make is whether to use nails or screws when making re-

pairs.

Nails are the most common fasteners. They are quick and inexpensive. When reinforced with glue, nails offer adequate strength for cabinets and shelving units.

Common nails and finishing nails are the only ones that are needed for most shelf and cabinet construction. Common nails have large heads and work well in areas where they will not be

seen. With their smaller heads, finishing nails can be countersunk and concealed and work best on exterior parts.

Although they cost more, screws have better holding power than nails. They take more time to install, but should be used when extra strength is needed. Screws also work well holding together a structure that you may wish to disassemble in the future.

## Some easy decor projects

Continued from page 5-A among oh-so-soft velvet cushions? Jewel-toned, pastel or even classic glamor-

ous white on crushed, cut or burnt-out looks, velvet is everywhere.

Virtual fix-it

The hip and happening website [www.tripod.com/living/staplegun](http://www.tripod.com/living/staplegun) shows its audience-savvy females who want straight talk on house stuff, from catching mice to scoping out street sales. The site is user-friendly and is stacked with well-written, often humorous articles: "While a tool belt is indeed a sexy and empowering accessory, it isn't absolutely necessary." Click on "Ask the Handy Girls" to post questions and one of six handy girls will respond personally.

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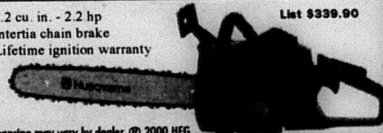
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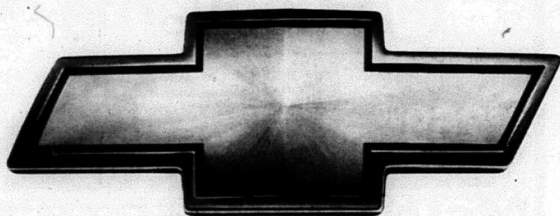
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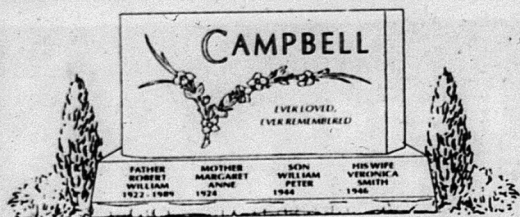
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## Voices for Hospice

The Heart of Hastings Hospice presents a concert at the Stirling Festival Theatre at 7:30pm on October 14, 2000, entitled "BT Voices for Hospice".

On October 14, thousands of entertainers around the world will raise their voices in song for one com-

mon cause. What cause? **Hospice!**

The Heart of Hastings Hospice has chosen to participate again in this world event, primarily to raise awareness of what Hospice is about, what we do and how to contact us to receive help in the communities of

Tweed, Stirling, Madoc and Marmora.

We have a wonderful group of entertainers prepared to guarantee you an inspiring and enjoyable evening. Tickets are available at Stirling Festival Theatre at 613-395-2100 at a cost of \$9.00 each.

## Seat Belt Clinic

The Centre Hastings Detachment of the Ontario Provincial police will be conducting, in conjunction with the Health Unit, a child car seat clinic on Saturday, October 14 in the parking lot of Bush Furniture on Russell Street in Madoc.

Local representatives of the Health Unit, as well as members of the OPP will be on hand to demonstrate the proper procedures involved in "buckling up" children.

Statistics Canada has

proven that child restraint seats, when properly installed, reduce the risk of injury in the majority of collision related incidents. It should also be noted that it is mandatory for all drivers to have the required seat installed, according to Canadian standards. Some people are under the erroneous impression that seats purchased at yard sales and from flea market vendors are sufficient. This could not be further from the truth.

For those people who wish to verify their installations, and the suitability of their child restraint seats, this clinic will prove to be most beneficial.

The life you save may just be that of your own child.

## Rebels

*Continued from Pg. 4-A*  
with a solid two-way effort in turning back North Frontenac Flyers 3-0. With the ice pad unavailable the previous Saturday night, Rebels battled Amherstview Jets to a 3-3 stalemate on Warkworth ice.

### Trounce Islanders

Following up their win over the Flyers, they travelled to Gananoque Sunday and clipped the Islanders 7-3 with goalie Jordan Ashley contributing at least a dozen spectacular saves.

Their record of 2-1-1 in their first four league starts propelled the Rebels into first place. Their only loss came in Picton when the Pirates squeezed out a 5-4 victory on a late goal by Casey Trudeau.

With Frontenac as guests, Rebels capitalized on a power play to draw first blood at 14:51 of the first period. Anthony Davies firing low into the five hole on a rebound from a shot by Ryan Broek.

With Stevens playing in steady fashion, and controlling the rebounds adeptly, Rebels went on to add single goals in each of the second and third periods. Defensively, Rebels also made sure to check vigorously, coming back well to bottle up the Fronts and hold them to only 20 shots.

In the second period, Davies swooped in again only to have Flyer goalie Rob Laurin come up big but Decon Waterson, following up on the play, was able to jam in the rebound for a 2-0 Campbellford lead.

With only 1:45 remaining, winger Darryl English and centre Bryce Ellis teamed up to convert a two-on-one chance. Ellis ripped home a 15-footer off English's perfect pass.

*Continued on page 11-A*

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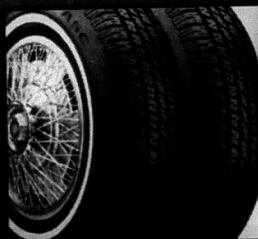
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# Scouts holding recruitment and information session

Madoc-Moira Valley District Scouts which represents Scouting from Cannifton in the south to Cloyne in the north and also Stirling, Madoc, Marmora, Tweed and Roslin are holding an information and recruiting evening known as Blast-Off 2000 on October 19th at Centre Hastings High School in Madoc from 6.30 p.m. to 9.30 p.m. Please meet in the Gymnasium.

It will take the format of three separate programs running simultaneously. The first is a youth program information session that will

have details of two new Scouting programs "Scouts About" and "Extreme Scouting" in addition to traditional Scouting activities.

The second is a program for existing Leaders and Group Committee members to assist them with their responsibilities and tasks. And the third is a program for new adult members, potential leaders, sponsors etc., which will provide appropriate information to people who may not know what Scouting is all about.

Baby-sitting and youth activities will be provided for

youth not of Scouting program age (i.e. under 5-years old) by Centre Hastings Intermural Council for Youth.

All past and present members of Scouting, whatever your position, are encouraged to attend this exciting and informative night, and anyone who is interested in finding out more about Scouting and what it can mean to them and the people around them, are invited to come along and join in the fun, as it is anticipated that our Regional Mascot Wolf, known as White Pine Wally

will be in attendance at some time in the evening. Interested Youth and Adults will be able to register for the Scout Groups in the local areas at this time.

Refreshments will be available during the evening for all age groups.

In line with the Scouting principle of helping other people, we are holding a food drive at the same time and ask that those attending bring a suitable item of food to be donated to the local Food Banks.

-submitted

## Telephone scam targets businesses

An E-mail message making the rounds advising against a telephone scam is not an "urban myth," but residential phone owners have little to worry about.

Bell Canada media relations officer Catherine Hudon said the scam is aimed at businesses that have more than one telephone line and three-way conference call ability.

The scam involves a caller claiming to be a phone company service technician who is conducting a test of the phone line. The phony technician then tells you to push nine, (9), zero (0) and the pound sign (#) then hang up.

According to the E-mail, originally sent by Meredith Williams of the Peel Regional Police, 12 Division Crime Analyst, if you follow this procedure you give the requesting individual full access to your telephone line. This allows them to place long distance telephone calls billed to your home phone number.

In her E-mail Ms. Williams says, "I was further

informed that this scam has been originating from many of the local jails/prisons."

However, the Peel Regional Police did not officially send out the warning. When the Sun contacted the Peel Regional Police to verify they had sent out the warning their response was "Oops!" While the department spokesperson said the scam was real, and had been investigated by their staff member at no time did the department authorize a "chain-letter" warning.

The spokesperson said somehow the message got lost in "cyber space" and has re-surfaced now. The E-mail warning, while valid, is not an official Peel Regional Police release.

Ms. Hudson said this scam has been around for several years but stressed Bell Canada does not call people to test phone lines. She advises if anyone gets such a call to hang up and notify Bell.

Residential phone owners are not at risk to this scam she said, unless they have two phone lines and confer-

ence call abilities. She explained businesses are targets of the scam. The phony technician will ask the person answering the phone to

go to another line and then push 90#.

Ms. Hudson reiterated Bell never calls customers to test lines.

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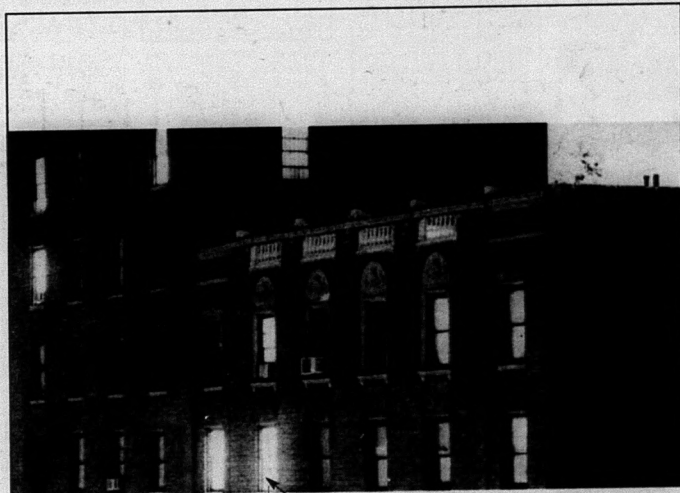
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# The world visits the 132nd Norwood Fall Fair

Continued from Pg. 4-A

## BEFF

### 4-H Day

**Pre 4-H Showmanship (11 entries)** - Dillon Jones, Colin Pearson, Joss Boyles

**Junior Showmanship (John Auckland Trophy)** - Laine Corp, Christie Boyles, Camp Corp, Matt Boyles

**Intermediate Showmanship (Turner Trophy)** - Crystal Clarke, Amanda Laine, Katie Wood

**Senior Showmanship (Peterborough Vets Trophy)** - Amy Clark, Natalie Latchford, Nathan Latchford

**Grand Champion 4-H Steer (Otonabee Meat Packers Trophy)** - Sheldon Walsh

**Grand Champion Heifer (Royal Bank Trophy)** - Matt Boyles

**Junior Heifer Conformation** - Matt Boyles

**Junior Heifer Conformation** - Matt Boyles, Chris Boyles, Megan Mack

### Limousin

**Bull Calf born after Jan. 1, 2000** - Robin Creeden

**Bull yearling, Jan. 1-31,**

**1999 - Nathan Allen**  
**Female Calf born on or after Jan. 1, 00** - Bernard Clancy  
**Female Heifer, Jan. 1 - Mar. 31, '99** - Allen

**Female born prior to Jan. 1, 1998 with calf** - Creeden  
**Breeder's Herd** - Clancy, Creeden  
**Grand Champion** - Creeden  
**Reserve Champion** - Creeden  
**Grand Champion Female** - Creeden  
**Reserve Champion** - Clancy

### Charolais

**Bull Calf born on or after Jan. 1, 2000** - Ivan Hutchinson  
**Female Calf born on or after Jan. 1, '00** - Hutchinson  
**Female Heifer born Jan. 1 - Mar. 31, '99** - Wayne Mack

**Female born in 1998 with calf** - Hutchinson  
**Female born prior to Jan. '98 with calf** - Mack  
**Breeder's Herd** - Mack  
**Grand Champion Bull** - Hutchinson  
**Reserve Champion Bull** - Mack  
**Grand Champion Female** - Mack  
**Reserve Champion** - Mack

### Simmental

**Female born prior to Jan. 1, 1998 with calf** - Brenda Lane  
**Female Calf born on or after Jan. 1, 2000** - Elmhrst  
**Female Heifer born April 1 - Dec. 31, '99** - Joe Deshane  
**Female Heifer, Jan. 1 - Mar. 31, '99** - Laura Robson  
**Female born 1998 with calf** - Brenda Lane  
**Breeder's Herd** - Billy Elmhrst  
**Grand Champion Bull** - Elmhrst  
**Reserve Champion** - Laura Robson  
**Grand Champion Female** - Elmhrst  
**Reserve Champion** - Lane

### Hereford

**Female born prior to Jan. 1, '98 with natural calf** - Stonewood Grange  
**Bull Calf born after Jan. 1, '00** - G. Elmhrst  
**Bull Yearling born Jan. 1 - Dec. 31, '99** - G. Elmhrst  
**Bull Yearling, Jan. 1 - Mar. 31, '99** - Emily Johnston and J. Sheridan  
**Female Calf born on or after Jan. 1, '00** - McKeown  
**Female Heifer born April - Dec. 31, '99** - G. Elmhrst  
**Breeder's Herd** - Grant Elmhrst  
**Grand Champion Bull** - Billy Elmhrst  
**Reserve Champion** - Lionel McKeown  
**Grand Champion Female** - G. Elmhrst  
**Reserve Champion** - B. Elmhrst  
**Best Canadian Hereford**

**Bull (Homer J. Hawkey Trophy)** - G. Elmhrst

### STEER SHOW

**1st**, Larry Leahy, 1324 lbs., \$1.47/lb.; **Archer Trucking**;  
**2nd**, Wayne Telford, 1285 lbs., \$1.29, Lakefield Farm Supply;  
**3rd**, Matt Walsh, 1474 lbs., \$1.27, Lindsay Woodville;  
**4th**, Sheldon Walsh, 1232 lbs., \$1.32; **George Roberts Trucking**;  
**5th**, John Lunn, 1455 lbs., \$1.11, Lindsay Woodville;  
**6th**, Mike Leahy, 1314 lbs., \$1.12, P.J. Towns;  
**7th**, Amanda Buck, 1353 lbs., \$1.17, Norwood Co-Op;  
**8th**, Bruce Payne, 1208 lbs., \$1.16, Cookston Stockyards.

### FIELD GRAINS

**Most Points in Class (Machine Dynamics Trophy)** - Jim Buck

**Mixed Grain** - Blayne Barr (179 pts); J. Buck (175.5); B. Sedgwick (174); W. Vanderhorst (170); A. Elmhrst (169).

**Grain Corn** - Jeff Bailey (173); Jim English (172); Joseph Crowley (168); Bill English (161); F. Crowley (160); B. Sedgwick (158); Crovalley (158).

**Hay** - Blayne Barr (184.5); Ronbeth (184); Murray Lobb (181); B. Sedgwick (179); Ernest Moore (176); Bruce Payne (175); Stillbrook (173); J. Crowley (173); Jim Buck (172).

**Ensilage Corn** - Stillbrook (180); J. Buck (179); J. Crowley (179); Crovalley (177); Paul Sherwin (175); Blayne Barr (174); Bernice Walsh (173).

### POTATOES, FIELDROOTS

**Grand Champion Pumpkin** - Carl O'Brien, 476 lbs. Peterborough

### HEAVYHORSES

#### Percherons

**Filly or Colt** - Mark Nesbitt  
**Yearling Filly or Colt** - John Tinney  
**2-year-old Filly or Colt** - Don Robertson  
**3-year-old** - Don Robertson  
**Brood Mare** - Robertson  
**Progeny of Dam** - Wild

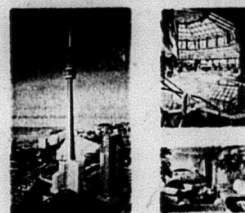
**Rose Percherons**  
**Light Gelding or Light Yeld Mare** - John Kelly  
**Heavy gelding or Heavy Yeld Mare** - Nesbitt  
**Best 1-year-old** - Shannon Tombs  
**Best 2-year-old** - Robertson  
**Best Foal** - Nesbitt

#### Belgian

**Filly or Colt** - Robert Gerow  
**Yearling Filly or Colt** - Ken & Ruth Anderson  
**2-year-old Filly** - Anderson  
**3-year-old Filly** - Kelly  
**Brood Mare** - Nesbitt  
**Progeny of Dam** - Nesbitt

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## Election or not, the cost is still the same

**Asphodel-Norwood** - Whether there are five candidates in each ward or one, the cost of running the election will be the same.

Township Clerk Glenn Givren told Council Monday night that the procedures are in place for this November's election -- a mail-in ballot process that will also include a polling place upstairs in the town hall.

As of this week there was still only one candidate for each position in Asphodel-Norwood.

Asked by Deputy-Reeve Cathy Turner if it "costs as much to elect one Councillor as it does four or five" Mr. Givren said it did.

"You still have the same process," Mr. Givren said. With a reduced slate of candidates the process once the "polls" have officially closed is much faster.

Candidates for school board trustee -- for public, separate, French separate and French public -- are also factored into the balloting process for eligible voters.

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# Lost in space

Are they stars or planets?

Eighteen giant balls of gas found drifting among the stars of the constellation Orion have astronomers debating: Are they orphaned planets or failed stars? Where did they come from? And what exactly is a planet, anyway? "It's a matter of semantics," says Jack Lissauer, a planetary scientist at NASA's Ames Research Center in Mountain View, who studies planet formation. "We might have to give them a new name," said Alan Boss, an astrophysicist at the Carnegie Institution of Washington, D.C.

The enigmatic balls of gas, glowing a dull red and floating free of any star, were

discovered in a cluster of young stars known as Sigma Orionis, which appears to dangle from Orion's belt about 1,200 light-years from Earth. An international team led by Maria Rosa Zapatero Osorio, an astronomer with the Astrophysics Institute of the Canary Islands, snapped images of the new objects and determined that they were each five to 15 times as massive as Jupiter, the giant of our solar system. By one commonly used definition, that makes them planets -- objects that have a mass of less than 13 Jupiters. In a report today in the journal Science, the team described them as "a new kind of isolated planet." Not so fast, other astronomers say.

Planets should be defined not by their size, but by the manner of their birth. If our own solar system is any guide, planets clump together out of disks of gas and dust that whirl around young stars.

Because the new objects are far from any star, they must have formed as stars do, condensing out of clouds of gas, this argument goes. This would make them brown dwarfs -- wannabe stars that never grew massive enough to support their own internal fires. The basic argument is not new.

Ever since astronomers started discovering planets outside our solar system -- the count is up to around 50 so far -- scientists have been trying to figure out how to distinguish large planets from small brown dwarfs. What's a planet, anyway? Boss chairs a committee of the International Astronomical Union that is trying to come up with a working definition for the term "planet." He said the new observations indicate that, when it comes to size, brown dwarfs and planets probably overlap. "It could be that nature is just making this a little bit hard for us, that the most massive planets may be bigger than the least massive stars," he said. "Now that gap has shrunk and may have actually disappeared." Stephen Maran, a spokesman for the American Astronomical Society, said, "This is an exciting result which needs independent verification."

"The findings will stimulate a further debate on what is the meaning of 'planet,'" He added that the mass of an object alone is not a very satisfying criterion: "A 120-pound lump of lead may have the same mass as Mia Hamm, but that doesn't make it a soccer player." One intriguing possibility is that these objects formed in the disks around stars -- either by clumping or condensing -- and then were flung into space by their planetary siblings, said Douglas N.C. Lin, an astrophysicist at the University of California-Santa Cruz. If so, he said, they might fit nicely with what we know about the planets so far discovered outside our solar system. Some, the so-called Hot Jupiters, circle their stars so closely that scientists initially marveled that they had survived without burning away.

Others, dubbed Dangerous Jupiters, inhabit wildly looping orbits that would imperil any other planets nearby. Few of them, so far,

have the tidy, circular orbits that prevail in our solar system. "Planets are like people. They like crowds. They aren't likely to form by themselves," Lin said. But if there are enough big planets in a solar system, he said, "there's a general tendency for them to kick each other out." Slingshot effect: As two planets approach each other, their gravitational interactions create a slingshot effect that could fling one of them out of the system at a speed of about 6,000 mph. But such a planet would not be moving fast enough to escape the gravitational pull of the star cluster, Lin said. So these orphaned objects would tend to accumulate within the cluster. In the case of Sigma Orionis, all this would have taken place when the gas balls were quite young, Lin said.

The cluster's stars are less than five million years old -- infants compared to our sun, which has been around for 4.5 billion years. He thinks the ejections would have happened when the gas balls were less than 100,000 years old; otherwise they would have grown much bigger, feeding off the gas and dust in the disks around them. Adam Burrows, an astrophysicist with the University of Arizona, said the ejection scenario seems unlikely. Even so, he said, the discovery is interesting, and the fact that the team was able to take images of such small, dim objects is a technical achievement that "pushes the observation envelope." If they do prove to be planets, they would be the first outside our solar system to be imaged directly. No matter how the newly discovered objects formed, Lin said, they could be considered planets in the true and ancient sense of the word.

The term "planet" comes from the Greek for "wanderer," because the planets appear to wander against the fixed background of the stars. In contrast, he said, the planets of our solar system are slaves, trapped in orbit around the sun.

# Curbing the Urge

That faint whiff of tobacco smoke that drifts into your airspace in a restaurant, on the street or at work may be more than just an annoyance. It can mean more visits to the doctor, more need for medication and more time off from work, says new research. That's the finding of a study of more than 5,000 people who never smoked but were exposed to passive smoke on the job. After exposure to secondhand smoke for more than a year, nonsmoking males were twice as likely to take time off and more than 30 percent more likely to need treatment for respiratory problems than their colleagues working in a smoke-free environment, the study says.

The results held true, it says, even after accounting for levels of passive smoking at home. Results for women were similar, but not enough women participated in the study to draw conclusions, the researchers say. The findings renewed an old debate between pro- and anti-smoking forces over whether "environmental tobacco smoke" is really a cause for alarm for nonsmokers. "I don't think that there's a question that for the past five years or 10 years even that passive smoke, environmental tobacco smoke, secondhand smoke -- call it what you will -- is a major health hazard," says John Banzhaf, executive director of Action on Smoking and Health.

The latest study is just another piece of evidence that secondhand smoke is a real danger, he says. "Originally, employers were worried about the health costs for smoking employees," Banzhaf says. "But now we're also seeing that secondhand tobacco smoke, in addition to being annoying and an irritation and possibly leading to things like heart attacks and strokes, does cause short-term medical illnesses."

But a spokesman for the tobacco industry says that, while some evidence of harmful effects of secondhand smoke exists,

there is no scientific proof. "There are many public health organizations that have determined that secondhand smoke is the cause of various diseases, [but] we believe that the scientific substantiation for that conclusion is lacking," says Seth Moskowitz, a spokesman for R.J. Reynolds Tobacco Co. "There is evidence," he says. "But we don't believe that the evidence supports the conclusion that secondhand smoke leads to any disease in any otherwise healthy nonsmokers."

The solution to the problem of secondhand smoke is simple, he says: ventilation and common courtesy. "We think secondhand cigarette smoke can be annoying to nonsmokers and that nonsmokers have every right to avoid being exposed to secondhand smoke if they so choose," Moskowitz says. "But we don't think there need to be smoking bans in order to accommodate the wishes of smokers and nonsmokers. Common courtesy and common sense, along with adequate ventilation and filtration, can go a long way in allowing smokers to smoke while not bothering nonsmokers," he says. Ron Todd, director of tobacco control for the American Cancer Society, agrees that isolation is part of the solution.

But he also says there's no question that passive smoke is a real health problem. "I think the industry likes to try to keep the issue alive, but it's pretty well accepted by scientists who are unrelated to the industry that environmental tobacco smoke does pose a risk and should be restricted," Todd says.

"Our belief is that fortunately it's an easy pollutant to get rid of simply by restricting smokers to separately ventilated rooms or requiring people to go outside in a designated smoking area."

"To put it in the very simplest terms: Like certain other conduct, smoking should be confined to consenting adults, period."

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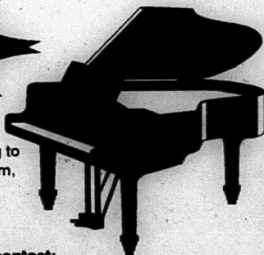
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## Madoc Lawn Bowling Club Awarded Ontario 2001 Championship

On Monday, September 25, Fred Walbank, Ontario Lawn Bowls Championship Committee member, advised greenskeeper, David Hill, that Madoc Lawn Bowling Club had been awarded the privilege to host the 2001 Mixed

Trebles Ontario Championships.

This will mean that the top 16 teams (48 bowlers) from across Ontario will converge on Madoc Lawn Bowling Club on the weekend of September 1 and 2, 2001.

The awarding of this tournament is a fitting reward to all those members of the Madoc Lawn Bowling Club who worked tirelessly the previous Friday and Saturday in excess of 12 hours each day to begin the process of levelling Greens 1 and 8 to a more acceptable standard.

This improvement of the greens was a scheduled event for this fall.

At the recent Fall Annual General Meeting of the Madoc Lawn Bowling Club which had been preceded by a bowling jitney and a delicious pot luck supper the fol-

lowing new Executive were appointed. President, Peter Naylor; Vice President, Brian Sharpe; Treasurer, Eunice Tristram; Secretary, Betty Lalonde; Tournament Coordinator, Pauline Hill; Greenskeeper, David Hill and Past President, Brian Sexton. The last tournament of the

season was on Sunday, September 17. Forty players took part in the \$150.00 first prize Cut Throat Tournament.

After 3 - 12 end games, the winner was Jim McLaughlin, Belleville LBC scoring 215 points. David Hill, Madoc LBC, placed second with 185 points; third place was Pauline Hill with 186 points.

Fourth place was Ja Gemmell, Belleville LBC with 185 points and fifth place winner was Bev Campbell, Cobourg LBC with 175 points.

Madoc Township Recreation Committee Presents

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Vol. 123 No. 43 Saturday, October 28, 2000

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Tom, Jennifer and Taryn pose inside the luxurious interior of their guest home at 100 Acre Woods. Designed for the utmost in comfort, the home is an extension of the owner's vision. Photo by Aubrey Johnson

## Relax, Rejuvenate and Remember

by Aubrey Johnson

I had the recent good fortune of being invited to 311 Jones Road, south of Madoc. As I stood on the property at 100 Acre Woods, I realized that if I were still long enough, the trees would take no notice of me and continue whatever it was they were doing and saying before I happened upon them.

Stemming from the vision of owners and creators Tom Dowdall and Jennifer Ayer, 100 Acre Woods Guest House has as its mission to cultivate the creative process by providing an oppor-

tunity for people to commune with nature in a supportive environment.

Nestled in the surrounding woods of a once bustling sheep farm, 100 Acre Woods awaits its visitors in a tranquil spot set apart to nurture and provide sanctuary for those who seek respite from the maddening crowds of urban encroachment.

There is no simple profile that describes the visitor to 100 Acre Woods. Many come here early in their careers, others at a mid-point when they need to be refreshed, and still others have come seeking solitude and a space

to reflect on their inner self.

This remains its guiding purpose today. Writers, Composers, Visual Artists, Photographers, Printmakers, Filmmakers and Architects come to 100 Acre Woods each year from all parts of the country. They take advantage of uninterrupted time and seclusion in which to take stock of their lot in life and enjoy the experience of living briefly in an atmosphere which may change and enrich their lives or fulfill a desire.

Tom and Jennifer are the gracious hosts, glad to see

you've found them and that your journey has found you here. Of course, there are no accidents. Perhaps you are planning a visit to Centre Hastings in the near future. Maybe you are looking for spiritual support. Could it be that you are wondering how the coming Millennium has affected your way of living? Possibly you're interested in nothing more than country solitude!

Sometimes there is a need to stop, relax, reflect, meditate and enjoy the quiet time. 100 Acre Woods is such a place. Spacious, comfortable, serene and private, this retreat is the quintessential vacation home, offering luxurious, romantic accommodation in a natural setting. It is located on an easy access road, between Highway 62 and 37, close to both Tweed and Madoc. The interior boasts a separate entrance leading up to a luxurious interior, a king size bed, all the necessities of a well stocked kitchen, an incredible private bath, and a lookout equipped with a telescope, for nightly star gazing.

100 Acre Woods is an ideal getaway for the bird watcher, hiker, naturalist or those who simply wish to relax and rejuvenate. Its unique location makes it an outstanding retreat destination for romantic getaways for couples or as a destination for the individual seeking solace.

Repose and revive your mindset in the peace and tranquillity of 100 Acre Woods, an enchanted getaway on close to one hundred acres of forest and meadows and trails. Tom and Jennifer invite you to drink in the peace and natural beauty and return home restored by the tranquility.

It's that time of year again, when spooks and goblins and things that go bump in the night come out to scare you!

As Halloween quickly approaches, young ghosts and specters will be out collecting treats (or doling out tricks!). Please be careful as you drive the streets of your community and watch out for the kids.

## A Scary Time

by Aubrey Johnson

It has been suggested that the wisdom of man is small and the ways of Nature are strange, and who will be bound to the dark things that may be found by those who seek them?

As the children prepared to go out, the nerves of their hearts tingled as though their own electric currents would paralyse them. Waves of panic swept through them. On the streets around Madoc, children turned, gasped, stumbled, broke into blind runs, out through the deserted and echoing expanse of St. Lawrence Street, onto

side, a white cottage with two dark windows and a door that somehow suggested a human face. They thought to themselves that, if they could reach it in time, they might find shelter and security - escape!

The thin implacable footsteps, echoing their own were still some way off when they lurched, gasping into the little porch, rattled the latch, thrust at the door and found it locked against them. There was no bell or knocker.

Slowly, they heard footsteps from within. Slowly the door was unlocked. A tall



the long moonlit road. The whole countryside seemed to be utterly deserted. The moonbeams flooded it with the loneliness of their own sorrow.

The children paused for a moment, and heard, like the echo of their own footsteps, the stumbling run of something sinister that followed them over the paved roads. Scared, they abandoned themselves shamelessly to their fear; and they ran, sweating like terrified beasts, down the long road between the endless line of ghostly houses. On one side of the road there was a reminder of ghostly images endlessly reflected in candle lit window panes. They heard the footsteps echoing behind them.

They seemed to be slowly, but steadily, gaining upon them. A quarter of a mile away, they saw a small white cottage by the road-

shadowy figure stood before them, holding a lighted candle, in such a way that they could see little of either of the holder's face or form. But, to their dumb horror there seemed to be a bloody cloth wrapped around the face. Suddenly, in almost a eerie whisper, the children in unison, said "Trick or Treat?"

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If you do not get a newspaper delivery, please call: Debbie at 613-391-0627 (9:30 a.m. - 6:00 p.m., Monday to Friday) or April at 613-391-0623 (8:30 a.m. - 1:00 p.m., Saturday & Sunday)

**DON'T FORGET...**

Turn your clocks  
**BACK ONE HOUR**  
on Saturday night,  
October 28th!



The octagonal design of the custom built home lends itself to a spectacular view from all areas. The interior decor, designed to be functional, as well as comfortable, underlies the creative esthetics of the architect. Photo by Aubrey Johnson

# Madoc The Review

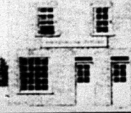
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attachments in: .jpeg, .eps, or .tif format only

## Drug Warrant Executed in Carlow Twp

A warrant under the Con-  
trolled Drugs and Sub-  
stances act was executed on  
Thursday the 19 of October,  
2000, by the Ontario Provin-  
cial Police Drug Enforce-  
ment section with the as-  
sistance of officers from the  
Bancroft O.P.P. in Carlow  
Township.

Police seized a quantity of  
items believed to be con-  
trolled substances with an ap-  
proximate street value of  
\$40,000. Additionally, ap-  
proximately \$5,000 in grow-  
ing equipment was also  
seized.

As a result of arrest war-  
rants, Paul Edward MOR-  
RIS, age 42 and Alfreda  
Charlene FORBES, age 36,  
both of Carlow Township,  
turned themselves in to Po-  
lice. Both have been charged  
with: Possession of a con-  
trolled substance, Posses-  
sion for the Purpose and Pro-  
duction of a controlled sub-  
stance.

MORRIS and FORBES  
are to appear in Bancroft  
Court on Thursday, Novem-  
ber 2, 2000, in relation to  
these charges.

## Women's Institute have a busy October

Harts-Riggs Women's In-  
stitute meeting was opened  
by President Else Vierich  
welcoming 21 members and  
3 guests. Guest speaker was  
Gordon Pitts who spoke on  
his book, "In The Blood"  
(sub titled "Battles to Suc-  
ceed in Canada's Family  
Businesses). His talk was  
most interesting as he spoke  
of his travels across Canada  
speaking to members of  
many Canadian family  
owned businesses.

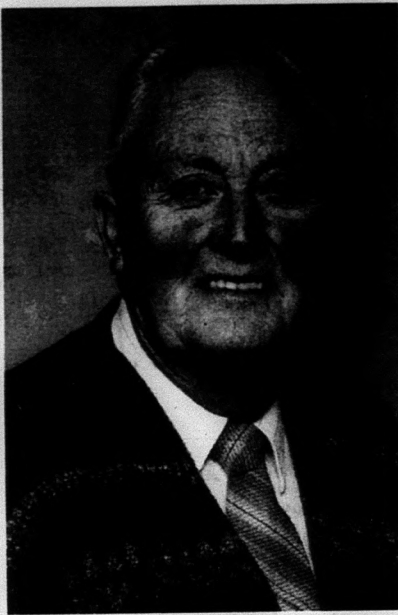
President Else reminded  
everyone that October is our  
branch's month to entertain  
the residents of Madoc  
Manor each Wednesday dur-  
ing the month. The first  
Wednesday the residents en-  
joyed playing bingo with the  
help of HRWI members.  
The second week a fall col-

our tour had been arranged  
with Foley's donating a bus  
and a driver. October-18 was  
another bingo and October  
25 was a Halloween party.

Plans were finalized for  
the upcoming Warden's  
Luncheon at Madoc Town-  
ship Hall, on October 21, that  
we catered. Next item was  
final planning for District's  
BBQ beef buffet and talent  
show, with Peter Thompson  
as Master of Ceremonies.  
This was held October 27,  
at 6:30pm.

We were also reminded  
that the area convention is  
October 18 at the Sea Horse  
at Trent Valley.

The meeting was ad-  
journaled and a delicious lunch  
and social time was enjoyed  
by all.



Walton Reid, who has been on Council for seventeen years,  
voices many concerns brought to him by his constituents,  
including the Moira Lake and ground water studies currently  
being undertaken. Photo submitted

## Indoor Air Quality

Public Health Inspectors  
investigate complaints of ill-  
ness related to residential in-  
door air quality. This respon-  
sibility comes under health  
hazard investigation, a gen-  
eral standard of the Ministry  
of Health's Mandatory  
Health Programs and Ser-  
vices Guidelines.

Residential indoor air  
quality has become an issue  
in the last two decades be-  
cause of the large proportion  
of time people spend in-  
doors, and increased aware-  
ness about air quality con-  
cerns and possible relation-  
ships to health effects such  
as headaches, nausea, tired-  
ness and difficulty breathing.

The list of indoor hazards  
includes: microbiological  
contamination (mould, bac-  
teria, dust mites), combus-  
tion products (e.g. carbon  
monoxide), formaldehyde  
(from sources such as tex-  
tiles, particle board and ad-  
hesives), radon (radioactive  
gas from the earth), house-  
hold products (such as vola-  
tile organics found in paints,  
solvents, etc.), asbestos (in  
older homes: pipe insulation,  
fireproofing, acoustic mat-  
erial, floor tiles), lead (from  
lead based paint dust),  
particulates (from fireplaces,  
wood stoves, dust and pol-  
len), and secondhand to-  
bacco smoke.

Mould can cause illness in  
the form of allergic reactions,  
toxin-related illnesses, and  
respiratory infections.

During 1999 the Health  
Unit received a significant  
number of complaints about  
mould growth in residences,  
especially in rental dwellings.

We are able to provide in-  
formation on the prevention  
of mould growth in all cases,  
and where there is a report  
of illness we provide a re-  
sponse in the form of inspec-  
tion and air testing.

Most problems associated  
with mould can be prevented  
or corrected by ensuring  
walls and other surfaces are  
clean, by improving ventila-  
tion and by preventing and  
removing sources of damp-  
ness.

Municipal elections will  
affect everyone in the  
community. Make it a  
point to vote on  
November 13 and help  
make our community a  
strong one.

## Walton Reid looks to return as Deputy-Reeve

Walton Reid has served  
the Municipal Council for  
seventeen years. Starting as  
Councillor and then being  
elected to Deputy Reeve has  
given him a good back-  
ground of experience and the  
working knowledge to fulfill  
his duties as new challenges  
are presented.

He has kept his promises  
to listen attentively to the  
residents of Centre Hastings,  
bringing their concerns to the  
Council table.

The upkeep of roads and  
streets are important to him.  
He is pleased to report that a  
five year plan for improve-  
ments is now in place to be  
updated yearly.

The amalgamation of the  
administrative offices is  
working well as are the com-  
bined Fire Departments and  
Roads Department. He is  
pleased to have been part of  
the amalgamation process.  
The commendable response  
of Centre Hastings to the re-  
cycling effort is something  
to be proud of. He sees no  
reason to use bag tags.

He would like to be in-  
volved with the Council ef-  
fort to attract new doctors  
to our area and to keep the  
police headquarters in Centre  
Hastings.

Fiscal responsibility is  
important to him. He has al-  
ways worked to keep taxes  
as low as possible.

## CHURCHES

### MADOC PENTECOSTAL

324 Wellington St.  
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REV. GARNETT GUNTER, Interim Pastor  
SUNDAY 10 a.m. Morning Worship  
7 p.m. Evening Service  
WED. 7 p.m. Family Night  
Adult Bible Study  
& Kids' Church  
TUES. & FRI. 10 a.m.  
Prayer Gathering  
Enjoy the warm atmosphere  
of our services.

### MADOC WESLEYAN & FREE METHODIST

137 Elgin St., P.O. Box 446  
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SUNDAY: 10:00 a.m. Sunday School  
11:00 a.m. Worship Service  
TUESDAY: 10:00 a.m. Prayer Group  
3:30 a.m. Club House  
(for kids)  
WEDNESDAY: 7:00 p.m.  
(Jr. & Sr.)  
Everyone Welcome

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Sunday Service 11:00 a.m.  
Nursery Available  
Sunday School at 11:00 a.m.

You are invited to Attend

### ANGELICAN CHURCH

Rev. Gordon Walls &  
Mr. Mike Hall - Pastoral Assistant  
St. Bartholomew,  
Bannockburn 473-4217  
St. John the Baptist,  
Madoc 11:00 a.m.  
Sunday School During Service  
Everyone welcome

### MADOC BAPTIST

130 St. Lawrence St. E.  
613-473-0808  
SUNDAY: 9:45 a.m. Sunday School  
11:00 a.m. Morning Worship  
6:30 p.m. Evening Worship  
WEDNESDAY 7:00 p.m. Prayer Meeting/  
Kids Club  
Please Join Us

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## Counsellor Harrop Completes New Term

Aubrey Johnson

transportation decisions, environmental decisions, disposal decisions, infrastructure decisions, infrastructure decisions! These have been Crichton Harrop's decisions as a Councillor of the Centre Hastings for the past 12 years. Crichton Harrop believes that investing in the town and its citizens is a job not to be taken lightly. His infrastructure decisions in terms of water, sewer lines and roads continue to be important decisions to the future of the community.

The average citizen may not hear these arguments and the Centre Hastings Council chamber, but it's good to be in the back of their minds. It's only human nature. If there is a million dollar decision to make and there are various options, the one that will benefit the community the most will be the one Crichton Harrop will choose.

As a revered member of the teaching community at St. Crichton Harrop, his sense of leadership still the same pride in his town, the ones who will

become, and are now, the future voters and leaders of the community.

His interaction with his teaching peers and the student body is carried over into his responsibility of providing the most obvious perspective of maintaining a healthy and prosperous community.

As Councillors Harrop makes his decisions, is he making them based on seeing the Centre Hastings boundary here or there? It may sound like semantics or perhaps inside baseball, but these are crucial decisions!

He unerringly believes that the transportation decisions, engineering decisions, planning decisions, waste disposal decisions and emergency services decisions are the heart and soul of the foundation of a strong, vital and vibrant community.

Obviously Centre Hastings council members want to make the best decisions in the best interests of the entire community.

A vote for Crichton Harrop will ensure that these concerns are being met and are going to be taken care of for the next three years down the road!

## Madoc Legion

The main purpose of our Legion is to provide veteran-qualified civilians and families with the benefits and services to which they are entitled. Our Serv-Officer has a considerable radius to assist a hospitalized veteran or Legion member.

People who use our facilities from time to time are encouraged and diversified. Included are, out of town residents, senior citizens, men, women, challenged people, school children, cadets and anyone wanting to put on a social event, such as Girl Scouts, Cubs, Brownies and

youth education.

We contribute to community projects, such as the defibrillator for our local fire department and many charitable organizations in the Hastings County area.

We have a supply of canes, walkers, crutches, wheelchairs and two electric scooters that we lend to the needy in our community.

Our charitable donations are decided by "The Municipality of Centre Hastings" and "The Lottery Lic. Committee". The amount donated is discussed by our Finance Committee.

## Celebrate Youth

Community leaders from Madoc, Marmora and Tweed met on October 23 with North Hastings Community Development Corporation Chair Bruce Walker to announce the new Celebrate Youth Program for the central Hastings area.

"Young people today are simply amazing," said Chairman Walker. "The Celebrate Youth Award is designed to recognize some of those great young people and acknowledge their contributions to our community."

The Celebrate Youth Award is sponsored by North Hastings Community Development Corporation, Cembal Publishing and Country Restaurant (Mr. Sub) in Madoc.

Madoc Chamber of Commerce president Tony Brathwaite said, "We're inviting members of the community to nominate young people from Tweed, Centre Hastings and Marmora area to be recognized for some of those really great things they're doing."

"Often we only hear about the young people who have been in trouble," added Jane McCoy from the Marmora Community Economic Development Team, "but, as an example, how many people heard about the young men and women who volunteered their time this summer to work on the Millennium Project in Marmora Memorial Park?"

"We couldn't do this without the cooperation of our Celebrate Youth partners," said Chairman Walker. "With all that Town and Country Restaurant do in the community already, there was still no hesitation to help Celebrate Youth through this award."

Madoc Review Editor, Aubrey Johnson, was also very enthusiastic about the idea and added, "Our youth are the cornerstone of our society and should be recognized for their endeavours and applauded as visionaries whose ideals will form the necessary building blocks for a prosperous society."

"We couldn't be happier that the program will be running in Central Hastings. Youth are already doing a great deal helping with Blood Donor Clinics and many other worthy causes in our community," said Lori Wagner of the Gateway Health Centre in Tweed. "The real success of this program depends on the community catching on youth doing great things and taking the time to nominate them for the Celebrate Youth Award," added Ms. Wagner.

Nominations must be written or typed, signed by the nominator and include the nominator's phone number and address. Nominations must clearly identify the nominee, name, address and telephone number and specifically identify the reasons for the nomination.

Each month, a nominee will be selected for award by an independent review committee. The youth selected

will receive a framed Celebrate Youth Award, a gift certificate from Town and Country Restaurant, the thanks of the community and will be immortalized in photo and story in the newspaper and on the NHCDC website at [www.nhcdc.on.ca/awards](http://www.nhcdc.on.ca/awards)

"Our youth are the future leaders of our community, too often we take them for granted," added Mrs. McCoy. Ms. Wagner continued, "by presenting the Celebrate Youth Award, every month we are sending out a message that we, as a community, care about the difference that each and every one of our young people are making every day."

Madoc Chamber of Commerce president Tony Brathwaite explained, "This is a great opportunity to recognize some of those kids who may be helping seniors or neighbours, giving great customer service, providing acts of kindness or achieving in one way or another."

Nominees could be scholars, athletes, musicians, or just the young person down the street. The award criteria is completely open, but the nominations must be made by someone in the community."

Anyone can make a nomination. Celebrate Youth nominations may be dropped into the Cembal Publications offices in Tweed, Madoc or Marmora or mailed to NHCDC, Box 517, Bancroft, Ontario K0L 1C0 or emailed to [nhcdc@nhcdc.on.ca](mailto:nhcdc@nhcdc.on.ca)

**Elections will reach a pitch on November 13 and November 27. Don't forget to vote!**

## OBITUARY

**John Robert "Jack" Wickens**, aged 79 of RR#5 Madoc, passed away September 13, 2000 at the Montgomery Lodge Nursing Home in Belleville.

Born in Ivanhoe, Mr. Montgomery was the son of the late Joseph and Francis Wickens and the beloved wife of Ella Wickens (nee Morland).

He will be sadly missed by his children Elaine Young (Roly) of Sydenham; Lorraine Shannon (Ken) of Plainfield; Dayle Wickens (Michelle) of Stirling; Vera Lessels (Ted) of Cobourg and Blaine Wickens of Stirling; 11 grandchildren and 3 great grandchildren.

Mr. Wickens leaves be-

hind his sisters Nellie Prest of Stirling and Emma Larcombe of Trenton.

Mr. Wickens was educated at the Rawdon School on 8th Concession and had been employed as a farmer and whey truck driver for Ivanhoe Cheese Factory.

Funeral services were held on September 16, 2000 from the McConnell Funeral Home Chapel in Madoc, with the Reverend Raymond Martin officiating. Interment was at the White Lake Cemetery.

Pallbearers were Mark Shannon (grandson); Bryon Lessels (grandson); Christine Shannon (granddaughter); Tim Lessels (grandson); Erin Young (granddaughter) and Jeremy Wickens (grandson).

## The Royal Canadian Legion Madoc Branch #363

### POPPY REPORT

Balance in Poppy Trust Fund as of 1 October, 1999	\$2,492.34
Income from Campaign and all Other Sources	\$4,192.92
	\$6,685.26

<b>CAMPAIGN EXPENSES</b>	
Poppies and Wreaths	\$2,563.75
Other Local Expenses	270.50
	\$2,834.25

<b>DISBURSEMENTS</b>	
Grants to Ex-Service Persons/Dependants	\$ 0
Bursary Donations	0
All Other Expenditures	1,556.44
	\$1,556.44

<b>TOTAL EXPENSES &amp; DISBURSEMENTS</b>	\$4,390.66
Balance in Branch Poppy Trust Fund as of 30 September 2000	\$2,294.60

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Attention: Mr. Martin L. Skolnick

Vice President

All submissions in their entirety are to be delivered to Rockwell Commercial Real Estate Services Inc. by 5:00 p.m. (EST), on the amended date of 06 November 2000. Submissions of proposals by facsimile will be accepted, with the original thereof to be submitted in a sealed envelope at the above noted address within three (3) business days of the Closing Date.

For further information, please contact Martin L. Skolnick at 613-542-3949 or [martin@rockwellcommercial.com](mailto:martin@rockwellcommercial.com). The lowest or any submission may not necessarily be accepted.

The building must be asbestos free, meet Management Board Secretariat's environmental requirements and have barrier free access, all further specified in the Proposal Call Documents.



Candidate hopefuls, Gary Fox, Sean McAdam and Vito Luceno, were on hand for the voters who turned out at CHSS to select their representative for the Canadian Alliance Party. Photo by Aubrey Johnson



Sean McAdam walks through the audience in the CHSS auditorium after hearing that he has been elected to represent the riding for the Canadian Alliance Party. Photo by Aubrey Johnson

## Voters Turn Out for Canadian Alliance

Citing that the riding of Hastings-Frontenac-Lennox & Addington is a diverse one, Sean McAdam pledged to carry his party's banner proudly to the next election. With that having been said, the voters who turned out on Saturday October 21 at CHSS greeted Mr. McAdam as the newest nominated candidate to Parliament for the Canadian Alliance Party. In an auditorium that would comfortably hold well over 700 people, the paltry turnout of 192 party members who had cast their votes (with one vote spoiled), listened to McAdam's acceptance speech in which he implored the constituents to work together in an attempt for the party to take back the small seat conservative values so necessary to rural voters.

The two other candidates who ran against McAdam, Vito Luceno and Gary Fox, pledged their support during the election scheduled for November 27, which may prove to be a turning point in the Canadian political arena.

Canadian voters who turn out at the polls will cast their ballots based on the different interpretations they perceive each party has on how best to put together, conciliate and maintain a national solidarity. Ultimately, the future of Canada is likely to be determined by what the political parties take as a pragmatic approach to policy making. Fortunately, we live in a country which enables all parties to draw their support from the diversity of regional, economic, language and religious groups that form Canadian society. Time can only tell whether the Canadian Alliance party's appeal will extend beyond its sectional birthplace.

## Obituary

Jack W. Fitzgerald, age 75, formerly of Niagara Avenue; of North 9th Street, Lewiston, died on Monday September 4, 2000 in Mount St. Mary's Hospital after an illness of three months.

Born in Eldorado, on January 2, 1925, a son of the late John and Martha (Holmes) Fitzgerald, he attended schools in Canada and Niagara County Community College. He moved to the States at the age of 17 and obtained his citizenship during his service in the U.S. Army, during World War II in the 542 AAA AW Battalion. He served in the European Theatre where he received 2 battle stars - the battle of Central Europe and the Battle of Rhor Pocket. He also served with the Military Police in the occupation forces in Europe for a year and was guarding General George Patton's residence the night he was killed in an auto accident.

Mr. Fitzgerald was employed by E.I. Dupont as a chemical operator for 36 years, retiring in 1984.

A member of the First Presbyterian Church of Youngstown, he was an Elder of Presbyterian Church USA; a 53 year member of the Niagara Frontier Lodge #132, served as Master of the Lodge in 1962; Mason of the Year 1992; District Deputy Grand Master of the Niagara Orleans District 1980-81; the Purple Aprons Association; Niagara Lodge of Perfection; Buffalo Consistory; Ismailia Temple of AAOONOMS; a life member of the Temple Lodge AF&AM #324 GRC, Hamilton, Ontario; 50 year Member of the Flaglar Chapter #355 Order of the Eastern Star, serving as patron 7 times; Grand Sentinel of the Grand Chapter Order of the Eastern Star in 1977; past Watchmen of Shepard's, Messiah Shrine #18, White Shrine of Jerusalem; American Legion Post #1083; Lewiston Porter Square and Compass Club; St. James Seniors and the 50 plus Seniors Club.

Mr. Fitzgerald loved to travel, visiting many states including Alaska and Hawaii. He travelled abroad to Europe, the Netherlands, Japan, South America, Scotland and Ireland as well as many cruises.

Survivors include his beloved wife of 53 years, Jean (Dusher), married in First Baptist Church of Niagara Falls on August 23, 1947; a son, W. Douglas of Lake Clear, New York and five grandchildren and a nephew.

In addition to his parents, he was predeceased by a daughter, Sandra Jean Fitzgerald; a sister, Florence Gawley and a brother, Russell.

Funeral services were held in the Lane Funeral Home with Reverend Rex Stewart officiating. Interment was at the Oakwood Cemetery.

Memorials may be made to the Masonic Brotherhood Fund, c/o Timothy Heary, 6299 Lawson Drive, Niagara Falls, NY 14304 or the First Presbyterian Church of Youngstown, Church Street, Youngstown, New York.

## OPP News Brief

On October 4, 2000, the Centre Hastings OPP School Unit, in conjunction with the OPP Drug Enforcement Unit, received information about a quantity of marijuana that was being distributed in the village of Madoc in the arcade. Police seized 95 grams of marijuana. The investigation resulted in the arrest of two youths, aged 14 and 16. One youth has been charged with possession of a controlled substance and another has been charged with trafficking a controlled substance. Both youths are to appear in court in November.

## Photo opportunity?

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**NOTICE OF VOTE**

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Gilmour, Ontario K0L 1W0

**POLL ONE, TWO AND THREE**  
WHEREAS more candidates have been nominated to each of the following offices than the number required to fill such offices:

NOTICE is hereby given that voting will be held upon the dates and at the times and places stated in this notice for the purpose of electing the holders of such offices:

**OFFICES FOR WHICH VOTING TO BE HELD**

Reeve (1)  
Councillor (3)

**ADVANCE VOTING**

DATE	LOCATION	TIME
Nov. 4	371 Weslemkoon Lk Rd. Municipal Office Building	10:00 a.m. - 8:00 p.m.

**REGULAR VOTING**

Regular voting will be held from 10:00 a.m. to 8:00 p.m. on **Monday, November 13, 2000.**

LOCATION (POLL ONE)	LOCATION (POLL TWO AND THREE)
182 Centre Millbridge Rd.	371 Weslemkoon Lk Rd. Municipal Office Building

**PROXY APPLICATIONS AND ALTERNATIVE VOTING METHODS**

The last day for making application to the clerk for a certificate to vote by proxy is **Monday, November 13, 2000.**

GIVEN UNDER MY HAND this 17th day of October, 2000

Andrew McMurray, Clerk

**NOTICE TO CREDITORS**  
IN THE ESTATE OF  
**LENA FREDA IDA ROSE**  
All persons having claims against the estate of Lena Freda Ida Rose late of the Village of Madoc in the County of Hastings who died on September 18, 2000 are required to file proof of same with the undersigned on or before November 24, 2000 after which date the estate will be distributed with regard only to the claims of which the undersigned shall then have notice and the undersigned will not be liable to any person of whose claim he shall not then have notice.

DATED at Marmora, Ontario this 12th day of October, 2000

Richard Rose  
Christine Rose  
Executors by their solicitor  
**ANDRE L. PHILPOT**  
Barrister & Solicitor  
Box 430,  
Marmora, Ont. K0K 2M0

**NOTICE TO CREDITORS**  
IN THE ESTATE OF  
**AUDREY CHRISTINA SPENCE**  
All persons having claims against the estate of Audrey Christina Spence, also known as Audrey Christina King-Spence late of the Township of Madoc in the County of Hastings who died on July 17, 2000 are required to file proof of same with the undersigned on or before December 8, 2000 after which date the estate will be distributed with regard only to the claims of which the undersigned shall then have notice and the undersigned will not be liable to any person of whose claim they shall not then have notice.

DATED at Marmora, Ontario this 20th day of October, 2000

Isabella Blackburn  
Loyde Perry Blackburn  
Estate Trustees by their solicitor  
**ANDRE L. PHILPOT**  
Barrister & Solicitor  
Box 430,  
Marmora, Ont. K0K 2M0

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MADOC - Two Loons Restaurant • Nov. 9<sup>th</sup> at 7:00 p.m.  
TWEED - Canadian Legion Hall • Nov. 16<sup>th</sup> at 7:00 p.m.

RSVP: Angela Courtney 907-2230  
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## Obituary

William Crawford of Madoc and sister-in-law Sharon Crawford of Madoc. Predeceased by his sister Molly and brother Gordon Crawford.

Friends were received at the Cassidy Funeral Home, Tweed. Funeral mass was celebrated by the Reverends Father John Gillis and Father Bernard O'Neil at St. John the Evangelist Church, Flinton on Thursday August 31 at 11am.

The Readings from Scripture were read by Cori Pinault and Karen Shannon. The soloist was sister-in-law Mary Jordon of Kingston.

Interment was at St. John the Evangelist Cemetery. Pallbearers were nephew Chad Crawford and sons Daniel, David, Timothy, Gregory and Michael Crawford.

Dear father of Daniel Trenton, David of Kenton, Timothy (Aurie) of Frankford, Gregory (Kimberly) of Toronto and Michael (Christine) of Belleville. Loving grandfather of Leah, Mary Jane, William, Lauren, Jasmine and Colton and great grandson Bailey James. Dear brother of Joan (Jordon) Lloyd of Madoc, George (Margaret) Cloyne, Charles (Bev)

## ATTITUDE IS EVERYTHING

Jerry was the kind of guy you love to hate. He was always in a good mood and always had something positive to say. When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!"

He was a unique manager because he had several waiters who had followed him around from restaurant to restaurant. The reason the waiters followed Jerry was because of his attitude. He was a natural motivator. If an employee was having a bad day, Jerry was there telling the employee how to look on the positive side of the situation. Seeing this style really made me curious, so one day I went up to Jerry and asked him, "I don't get it! You can't be a positive person all of the time. How do you do it?" Jerry replied, "Each morning I wake up and say to myself, Jerry, you have two choices today. You can choose to be in a good mood or you can choose to be in a bad mood."

I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or I can choose to learn from it. I choose to learn from it. Every time someone comes to me complaining, I can choose to accept their complaining or I can point out the positive side of life. "Yeah, right, it's not that easy," I protested. "Yes it is," Jerry said.

Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how you react to situations. You choose how people will affect your mood. You choose to be in a good mood or bad mood. The bottom line: It's your choice how you live life." I reflected on what Jerry said. Soon thereafter, I left the restaurant industry to start my own business. We lost touch, but often thought about him when I made a choice about life instead of reacting to it.

Several years later, I heard that Jerry did something you are never supposed to do in a restaurant business: he left the back door open one morning and was held up at gunpoint by three armed robbers. While trying to open the safe, his hand, shaking from nervousness, slipped off the combination. The robbers panicked and shot him. Luckily, Jerry was found relatively quickly and rushed to the local trauma center. After 18 hours of surgery and weeks of intensive care, Jerry was released from the hospital with fragments of the bullets still in his body. I saw Jerry about six months after the accident. When I asked him how he was, he replied, "If I were any better, I'd be twins. Wanna see my scars?"

I declined to see his wounds, but did ask him what had gone through his mind as the robbery took place. "The first thing that went through my mind was that I should have locked the back door," Jerry replied. "Then, as I lay on the floor, I remembered that I had two

choices: I could choose to live, or I could choose to die. I chose to live. "Weren't you scared? Did you lose consciousness?" I asked. Jerry continued, "The paramedics were great."

They kept telling me I was going to be fine. But when they wheeled me into the emergency room and I saw the expressions on the faces of the doctors and nurses, I got really scared. In their eyes, I read, "He's a dead man."

I knew I needed to take action. "What did you do?" I asked. "Well, there was a big, burly nurse shouting questions at me," said Jerry. "She asked if I was allergic to anything. 'Yes,' I replied. The doctors and nurses stopped working as they waited for my reply. I took a deep breath and yelled, 'Bullets!'"

Over their laughter, I told them, "I am choosing to live. Operate on me as if I am alive, not dead." Jerry lived

thanks to the skill of his doctors, but also because of his amazing attitude.

I learned from him that every day we have the choice to live fully. Attitude, after all, is everything.

## Did You Know?

- Switching to a high-efficiency water heater could save you up to \$300 annually on your energy bill.
- Your water heater is often the biggest user of energy in your home. Monitoring your hot water consumption makes a lot of sense!
- Fit an old model electric hot water tank with an insulation wrap. Inadequate insulation may cost you up to \$45 a year in needless heating costs.

## Amnesty launches campaign

It is time to stop torture", Pia Grayman, spokesperson for AI Group 111 in exile.

On October 18, Amnesty launched its world-wide campaign against all forms of torture by calling on governments around the globe to take immediate steps to eliminate torture from their justice systems.

Group 111 is playing its part by bringing the problem of torture to the attention of Hastings County and Quinte residents.

Torture is not a thing of the past, but a major worldwide problem today in many places in the world. Torture is the intentional infliction of physical or mental harm. It is an exercise of power to coerce, intimidate, degrade or dehumanize.

If your school, group or business would like a poster, bookmarks or a letter to sign, please contact Pia at 962-8363 or Marianne at 969-0581.

Torture often occurs in prisons - in jails, military compounds, villages and towns - at the hands of government agents or military

opposition groups. Torture can be stopped when it is no longer hidden from public scrutiny.

In today's global economy, few governments are immune to world opinion and criticism.

Amnesty Group 111 encourages all Hastings County and Quinte area residents to take action by adding their signatures to letters circulating in schools, churches, agencies and businesses from October 18 on.

These letters focus on six countries or regions of the world, where torture and cruelty are reported to take place consistently.

Torture thrives when the public is silent. It is time to speak out.

For more information on the global campaign against torture, contact Amnesty's web site at [www.amnesty.ca](http://www.amnesty.ca)



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# Midweek

This section runs in all eight of the following newspapers with 100% household coverage in their areas for a circulation of over 27,100.

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**Havelock**  
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**Campbellford**  
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### Peter Adams will defend Liberal seat in federal election

#### Peterborough MP seeks third term in office

**P**eter Adams is ready for the federal election and will seek a third term in office when voters go to the polls Nov. 27.

Mr. Adams, first elected in 1993 and two-time Chair of the Ontario Caucus, was nominated Thursday evening and is preparing for a hard-fought election battle.

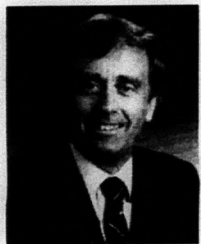
"Well, here we go again," Mr. Adams told supporters at the East City Lions Hall Thursday evening. "I really can't wait to get out on the lines, concessions and farms of Peterborough County."

"I guess that is going to happen soon enough," Mr. Adams said with an eye towards Sunday's official election call.

Mr. Adams said that campaigning throughout the various regions of Peterborough County that make up the constituency is something like a journey.

"And why are we going to be in these areas? Why are we about to embark on this journey?" he asked.

The reason, he answered, was that the country is at a



Peter Adams

"crossroads."

"The country is at a crossroads and Canadians have a decision to make. The choice is clear," he said.

"In 1993 and 1997, we were given a clear mandate to put the country on a sound financial footing and to settle it down politically," Mr. Adams noted. "People wanted strong national leadership."

Throughout the past years our government has worked hard to do this."

Mr. Adams emphasized the Liberal government's record in eliminating the deficit which, he says, has "laid the foundation for a new progressive health care system."

"We have created a sound economic environment which will allow our social security system, a system which all Canadians hold dear, to be protected for our children and future generations."

The government, he added, has also "drastically reduced taxes" especially for low income Canadians and families with children.

"Although we can take pride in these accomplishments there is still work to do," Mr. Adams said. "Our original 'clean-up' mandate is over. We are now in a position to plan ahead: to develop a vision for Canada in the knowledge that the basics are sound."

Mr. Adams took aim at the Canadian Alliance, represented in Peterborough riding by Eric Mann, who, he says, believe that "by simply taking a knife to taxes all the ills of Canada will be solved; by simply reducing taxes further you will have more money in your pocket to spend on health care at a private clinic."

Mr. Adams said it was wrong to assume that by simply reducing taxes the government will still have the resources to maintain the country's social security system.

"I disagree with the Canadian Alliance belief that a weaker federal government can protect our interests. Or that a weak federal government can protect our health care system," Mr. Adams said.

"We took over the federal government at its weakest state ever (and) we have begun to strengthen it but we still have more to do," he argued.



**Early Hallowe'en stroll:** Nicholas Fleury, 19 months, took a pre-Hallowe'en stroll on stage during the annual Pleasant Meadow Manor Nursing Home variety show in Norwood last Thursday evening. Photo/Bill Freeman

### Seminar for seniors planned

Hastings - Community Care will be hosting a special seminar for seniors Nov. 3 (10 am to 2 pm) at the Hastings Civic Centre.

Displays from various agencies and organizations will be open for viewing at 9:30 am with opening remarks at 10 am. This will be followed by presentations from the OPP on fraud and seniors, Carolyn Lee of the Access Centre and fire prevention and seniors by Fire Chief Ivan Jackson. After lunch Dr. Bob Stephens will speak on "knowledge is the best medicine followed by Jo-Ann Shuttleworth of the CNIB.

All seniors in the area are invited to attend. A light lunch will be provided and transportation to those who need it can be arranged by calling either 653-1411 or 696-3891.

### Novice A's are on fire

The Norwood Novice "A's" sponsored by Begg Fuels has started the season with major successes. First the team travelled to Havelock and won 12-0. As one of the four, first year players, Steven Gerow proved to be an asset to his line with commendable passing skills and his ability to get the rebound. Eric Crowley razzle-dazzled the crowd skating the pants off his opponents.

Next it was St. Alphonsus. Michael Loucks, a one-of-a-kind winger, continued to dominate the left side helping the team to a 7-0 win. Alex Christopoulos showed off his stellar passing and powerful shots. The combination of Nicholas Orton and Seamus McDougall was relentless as they have been a major threat throughout the season.

Chris Klompaker, a defender with a snazzy shot, continues to dazzle and helped his team to a 4-0 win in Douro. Philip Heron showed excellent defensive skills while Mark Bitten was once again amazing between the pipes as he skated to his third shutout of the young season.

On Sunday, the team travelled to Keene to play the Wolves and skated to a 6-4 win. The highlight of the game was when Spencer Anderson made a rocket shot from the point to tie the game in the second period. David Lobb's insurance goal late in the game kept the Hornets' perfect league record at 4-0-0.

Fans are welcomed to see this solid team play Fridays at the Coliseum.

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### Penalty shot goal helps Raiders earn 4-4 tie with Rebels

Napanee - Two third period goals, including one coming on a penalty shot, enabled the hometown Napanee Raiders to come from behind to manage a 4-4 draw with the Campbellford Rebels Sunday, Oct. 22nd.

The result saw the Raiders take three of four points from the Rebs in the Empire B Junior Hockey League home-and-home set.

With Rebels leading 4-2 after two periods, the Raiders were awarded a penalty shot after Ken Rulstahl hauled down Napanee's Sean Turner from behind. Turner connected at 14:50 with a neat deke at the crease.

The game ended in dramatic fashion as Napanee elected to remove its goalie for the extra attacker and it paid off as Jim Townsend rifled a shot over goalie Ed Stevens' shoulder for the equalizer. It was Townsend's second goal of the afternoon.

Rebels started impressively with two unanswered first period goals by Bryce Ellis and Darryl English. Kevin Cork earning assists on both scoring plays. Jamie McComb added a power play goal in period two, working with Matt Locke and English, while Ryan Broek also scored for the Rebs on a play with McComb.

**Ice Chips:** Rebel coach Tom Tanner was unlucky enough to get hit by an errant puck that resulted in a couple of stitches. . . Defender Matt Locke suffered an injured shoulder but is listed in the day-to-day category.

Continued on Pg. 10-A





# Fall & Winter 2000 HOME IMPROVEMENT



## Lighting options: an important design element in any room

We all know that good general lighting is critical to room's function and safety. But lighting is also an important design element—creating atmosphere and establishing mood in a room. Successful lighting schemes rely on a number of different kinds of lighting sources: ceiling fixtures, lighted valances, wall washers and spotlights. But for maximum flexibility nothing outshines a table or floor lamp.

**What shades do.** The purpose of a lamp shade is to reduce glare from artificial light sources and to direct and colour the light in a room. On a practical note, shades also prevent you from coming into contact with a hot bulb. When in doubt

about which shade to choose for your lamp, go for one with the simplest and most generous proportions.

**Shape.** Like any successful union, a lamp base and shade must respect each other. For example, a shade that's too wide can overpower an elegant, slim candlestick lamp. And, at worst, a lamp shade that's too skimpy will allow the mechanics of the light fixture or the bare lightbulb itself (which can be uncomfortable to the eyes) to be exposed.

**Materials.** Fabric, cardboard, glass beads, metal and paper are common lamp shade materials. To choose



the right shade for your lamp, consider what you want to illuminate and how. In general, translucent materials diffuse light in several directions, while opaque materials direct light upward or downward. For example,

a desk lamp should provide a wash of light over a large area, with no shadows; choose a metal or cardboard opacity. A bedside lamp should illuminate only one side of a bed; choose a silk shade for a gentle glow.

**Colour.** Colour and texture will also affect the appearance of the lamp shade and the quality of light; for example, black shades force light down onto objects while translucent shades provide soft illumination. For added drama and a warm glow, try a gold lampshade, but keep it pale. A lampshade lined with gold will offer warm illumination, but also draw the eye to the lamp's mechanics. In that case, choose a shade with generous proportions.

### Positioning your shade:

- For reading or writing, the bottom of a shade should be slightly below eye level—40 to 42 inches from the floor.
- If lighting is above eye level, place your lamp approximately 10 inches behind your shoulder when seated. There should also be a minimum of 47 inches from the floor to the bottom of the shade.
- For task lighting, the light source should be 10 to

12 inches below the user's eye level.

### Design tips:

- Table lamps used in pairs are ideal for establishing symmetry. Place them at either end of a sofa or flanking a mantel arrangement.
- Table lamps are an excellent way to anchor art on

a wall. When placed on a table pushed against a wall, a table lamp can act as a bridge between the tabletop and artwork.

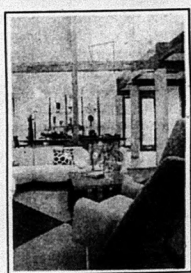
• Table lamps are widely underused in the dining room. A pair at either end of a buffet can add warmth and tradition to a formal setting.

## Interior design trends

After several seasons of accent pillows, down duvets, throws and "cocooning", the world of home style is shaking out the slipcovers and trying something new. Terms such as shabby chic and casual are being replaced by simple, streamlined and clean. Furniture is tidier, colours are brighter, rooms are flexible yet functional and clutter is gone—which isn't to say that home life will be less comfy in the future, just a little more orderly.

**Interior design.** Take off the slipcovers and clear away the clutter—it's time for something fresh. According to the pros, the laid-back look is being replaced by something more luxurious. Whether your taste is country cottage or modern, formal or Frank Lloyd Wright, the new direction is to augment the cosy with some sophistication.

**Architecture.** The key word in architecture is permanence. Instead of trading up every few years, the latest trend is to make an investment where you are. It's making house plans that look toward the future, with large social areas that function flexibly as dining areas, family rooms and entertaining places, and private spaces that shift from bedroom to guest room, and nursery to office. It's creating one per-



sonalized place that fulfils the purpose of family home, dream home and, eventually, retirement home.

**Furniture.** As we move away from shabby chic, the focus of furniture is sleek. It should be the austere look of Arts & Crafts, the rounded contours of the 30s, or the sharper edge of modern. One direction is clear: the lines are cleaner, the shapes are simpler and, increasingly, particular choices are personal.

**Fabrics.** Completely in step with interior designers, textile manufacturers are also halting the arrival of understated interiors, introducing collections featuring fabrics that range from sophisticated linens to sumptuous velvet. Nothing is too relaxed, nor is anything overly matched. Instead, modern

material is a happy blend of informality, practicality and elegance.

**Color.** This year's trends in color are more than just a hit-list of favorite shades. While the Color Marketing Group (the world barometer of color trends) predicts that clear-sky blue, cajun-spiced red and deep garden green will be hits, it also anticipates "a wide variety of color choices," in which light shades are lighter and brighter, dark shades are deeper and more saturated, and special effects expand to include metallic shimmer, opalescent sheen and sheer of translucent surfaces.

**Decorative accessories.** The current catchphrases—clean, simple and uncluttered—should not be confused with stark, sterile and cold. There is still a place for decorative accessories, however the objects of choice are suddenly less precious, less abundant and, in a way, less inanimate. Now, added touches not only work in a stylish sense, they also perform a function.

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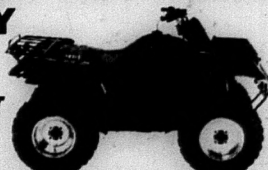
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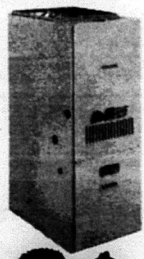
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## Fall & Winter 2000

# HOME IMPROVEMENT

## Tips for finding a qualified insulation contractor

While you can't see a well-designed insulating system, you certainly can tell if it's missing. A poorly insulated home is often drafty in the winter and uncomfortable and expensive to heat and cool year-round.

If you are not too enthusiastic about spending time in your attic, but feel that it's time to improve your insulating system, hiring a qualified insulation contractor might be for you. Here are some tips to help you find a contractor who can install an insulating system that saves energy, reduces utility bills and makes a home more comfortable.

\*Ask friends, family and your local Better Business Bureau for contractor references.

\*Make sure the contractor is licensed and has no previous complaints against his or her company. The Better Business Bureau can provide this information, as well as a contractor-reliability report and company information and history.

\*Look for a contractor who is certified.

\*Request local references from the contractor and follow up with those homeowners. Ask the contractor



A Certified Energy Professional insulation contractor blows fiberglass insulation into an attic. Qualified insulation contractors can install an insulating system that can help reduce utility costs, save energy and make a home more comfortable.

about work experience and the types of jobs he or she has completed, as well as for a job bid. Make sure you are

comfortable with the contractor's knowledge of codes, energy-efficient building techniques and the

quoted bid.

\*Ask the contractor for a certificate of insurance. The contractor's insurance should include workers' compensation, fire and extended coverage, and commercial general liability insurance.

\*Once you've found a qualified insulation contractor, ask him or her to develop a contract plan that includes: building plans and specifications; start and finish dates; total costs (labour and material) and payment schedule; warranties and guarantees; and the contractor's address, phone number, professional license and insurance policy number. The contract is an official document that guarantees the contractor's work.

## Fall renovations can help offset the rise in oil and gas prices

Planning to renovate your home this fall? Before you start remodelling, you may want to consider calling in an expert to identify opportunities to incorporate energy-efficient upgrades into your renovation—upgrades designed to keep your energy bills low and your home more comfortable year-round.

Qualified advisors will conduct an energy assessment of your home that includes recording insulation levels and assessing the energy efficiency of its heating, cooling and ventilation systems. A technician will also perform a "blower door" test of the house to find wasteful air leaks. A computer modelling program is used to estimate your

home's current energy use and to recommend cost-effective energy-saving measures. You will be given a copy of the advisor's report and a label with your home's energy efficiency rating.

**Improving comfort**  
The recommendations in the report will address ways to help improve the comfort level of your home and reduce its energy use. For example, if you have to remove old plaster or drywall it may give you the opportunity to add insulation, install ductwork for a more efficient heating system, or seal cracks and holes in exterior walls to reduce or eliminate costly drafts. If you're changing windows, experts can provide invaluable unbi-

ased advice about the purchase and installation of higher efficiency units.

You are under no obligation to carry out the recommendations of the report. However, many of the 15,000 homeowners who have already had their homes evaluated have indicated that they liked the fact that the technicians offered unbiased advice on how best to renovate with energy efficiency in mind. With oil and gas prices heading up the scale this winter, there has never been a better time to take advantage of this program. And, by using less energy, anyone can play a part in reducing the emissions of the greenhouse gases that contribute to climate change.

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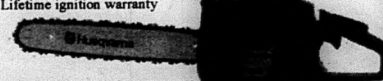
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## Fall & Winter 2000 HOME IMPROVEMENT

### Is there danger lurking in your garage?

Whether or not you park your car in your garage, you probably also use it as your winter storage facility "family" outdoor items, grills, barbecues, propane tanks, outdoor oil or gas lamps, gas cans, sol and turpentine, maybe some cleanup rags you've used when painting or staining.

They're certainly better stored in the garage than in the house. But have you thought of what a potential hazard all these things are? The chances of these things igniting is pretty slim unless you put a match to them...but all it takes is one little spark. And if your gar-

rage is also any kind of a workshop, the possibility is not so remote.

The answer? Have a ULC-approved smoke detector in your garage. If a fire starts there and you're inside the house, you're going to want to know about it, and the only way is through the loud, sharp sound of that smoke alarm.

You should also keep a ULC-approved, general purpose fire extinguisher in your garage. It doesn't have to be one of those big canisters you see in office buildings. There are several models and sizes of easy-to-use, handheld domestic use, available at your local hardware store.

Get one for the garage, and keep it handy near the door to the house...but be sure you understand A-B-C ratings that apply to extinguishers, to ensure you're getting an appropriate model.

And finally, if you park your car in the garage during the winter, seriously consider buying a ULC-approved carbon monoxide detector, and install it inside your house. Why? Because, like many families, you may occasionally start and leave the car running inside the garage (to warm up, perhaps, or to run inside to do an errand). Even with the main garage door open, strong carbon monoxide

fumes from the car can "leak" into the house. But CO is an odourless gas, and you won't know it's there unless you have a detector to warn you. Carbon monoxide is very dangerous—hundreds of people suffer brain damage, or die, each year in Canada from CO poisoning.

So be smart this winter...make sure your garage is a safe storage facility!

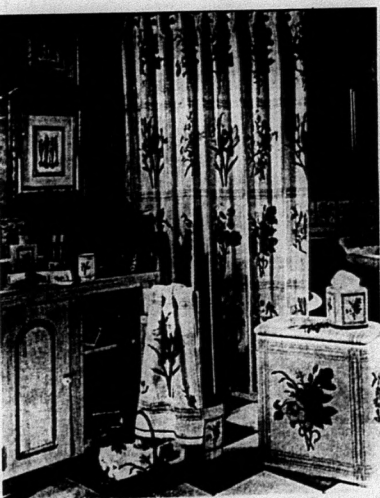
## Bathrooms get dressed-up treatment

No longer the stepchildren of home decor, bathrooms are coming into their own, decoratively speaking. Handsome and pleasing look can be created in that important - but often neglected - room without extensive renovations. New designs for shower and window curtains and a vast range of accessories are focused on adding attractive surroundings to the stark tiles and ceramic compo-

nents of most conventional bathrooms.

Many of the newest decorative bathroom ingredients are coordinated with bedroom designs to create, if not a master suite, at least a sense of a well-thought-out decorative master plan with the basic color and design carried from room to room. Even freestanding patterns without bedroom coordinates have been given the custom treatment and are

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\$2,500	\$196	\$4,326



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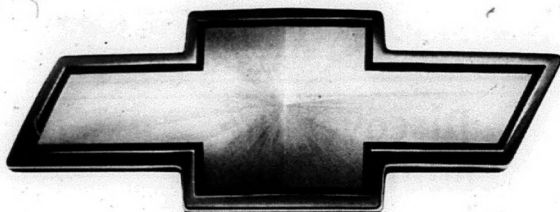
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\$2,000	\$310	\$4,112



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\$2,000	\$345	\$4,177.75
\$4,300	\$278	\$6,670.70

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\$1,380	\$198	\$3,040.45
\$2,000	\$184	\$3,737.35

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\$0	\$420	\$2,096.50
\$2,500	\$344	\$4,786.10
\$3,020	\$328	\$5,365.70

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up to 48 months

\$3,020 down payment  
\$895 freight and \$400 security  
deposit required

PURCHASE PRICE  
OR **\$25,498**  
includes freight \$595

## 2001 GRAND AM SEDAN

- 2.4 Litre Twin Cam 150 HP Engine
- 4-Speed Automatic Transmission with Enhanced Traction System
- 4-Wheel Anti-Lock Braking System
- AM/FM Stereo with CD
- Air Conditioning
- Rear Spoiler

CHOOSE 2-DOOR OR 4-DOOR



LEASE WITH \$0 DOWN		
Down Payment	Lease Payment	Total Due
\$0	\$344	\$1,767.35
\$1,500	\$300	\$3,391.75
\$2,600	\$268	\$4,594.95

Total due on signing includes down payment, freight, security deposit, 1st month's payment plus taxes, license, insurance, P.P.S.A. and administration fees are extra.

SmartLease per month: 36 months

**\$268**

PURCHASE FINANCING  
OR **2.9%**  
up to 36 months

\$2,600 down payment  
\$770 freight and \$325  
security deposit required

CASH PURCHASE  
OR **\$19,998**  
includes freight \$770

## 2001 GMC SIERRA

- 270 HP Vortec 4800 V8 Engine
- Automatic Transmission with Overdrive and Tow/Haul Mode
- Air Conditioning
- 4-Wheel Disc & 4-Wheel Anti-Lock Braking System
- 40/20/40 Split Front Seat with Custom Cloth Trim
- Full Instrumentation including: Tachometer, Engine Hourmeter & Driver Message Centre



LEASE WITH \$0 DOWN		
Down Payment	Lease Payment	Total Due
\$0	\$506	\$2,320.40
\$2,500	\$428	\$5,005.70
\$3,440	\$398	\$6,027.20

Total due on signing includes down payment, freight, security deposit, 1st month's payment plus taxes, license, insurance, P.P.S.A. and administration fees are extra.

SmartLease per month: 36 months

**\$398**

PURCHASE FINANCING  
OR **5.9%**  
up to 60 months

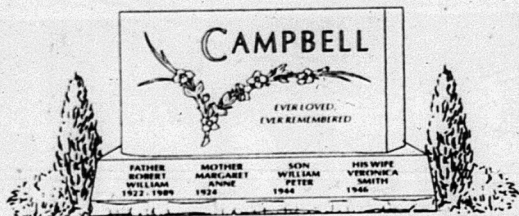
\$3,440 down payment  
\$590 freight and \$475  
security deposit required

PURCHASE PRICE  
OR **\$29,268**  
includes freight \$590

For the latest information, drop by your local Pontiac • Buick • GMC Dealer, visit us at [www.gmcanada.com](http://www.gmcanada.com) or call 1-800-GM-DRIVE.

\*Offers based on: Montana RTA, Sunfire Coupe RTZ, Century RTZ, Grand Am Sedan RTZ, Sierra Extended Cab RTL. Annual cost of borrowing 2.9% (2.9% to 5.9% to 8.9% to 11.9% to 14.9% to 17.9% to 20.9% to 23.9% to 26.9% to 29.9% to 32.9% to 35.9% to 38.9% to 41.9% to 44.9% to 47.9% to 50.9% to 53.9% to 56.9% to 59.9% to 62.9% to 65.9% to 68.9% to 71.9% to 74.9% to 77.9% to 80.9% to 83.9% to 86.9% to 89.9% to 92.9% to 95.9% to 98.9% to 101.9% to 104.9% to 107.9% to 110.9% to 113.9% to 116.9% to 119.9% to 122.9% to 125.9% to 128.9% to 131.9% to 134.9% to 137.9% to 140.9% to 143.9% to 146.9% to 149.9% to 152.9% to 155.9% to 158.9% to 161.9% to 164.9% to 167.9% to 170.9% to 173.9% to 176.9% to 179.9% to 182.9% to 185.9% to 188.9% to 191.9% to 194.9% to 197.9% to 200.9% to 203.9% to 206.9% to 209.9% to 212.9% to 215.9% to 218.9% to 221.9% to 224.9% to 227.9% to 230.9% to 233.9% to 236.9% to 239.9% to 242.9% to 245.9% to 248.9% to 251.9% to 254.9% to 257.9% to 260.9% to 263.9% to 266.9% to 269.9% to 272.9% to 275.9% to 278.9% to 281.9% to 284.9% to 287.9% to 290.9% to 293.9% to 296.9% to 299.9% to 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## Adams will defend seat

Continued from Pg. 4-A

"This is not the time to weaken the national government. It's time to strengthen it."

Mr. Adams says that in his seven years as an MP for Peterborough, he has been "constantly struck by the strength of our community."

He says the riding is "remarkably diverse."

"We have rural and urban, we have two First Nations and 72 first generation nationalities. All living and working together in harmony."

"The residents of our community possess and live by those values that reflect what it means to be a Canadian," Mr. Adams said.

"This is a microcosm of what Canada should be -- people living, working, competing together but in harmony."

"Canada," he said is more than a bunch of bickering provinces."

"We know that community comes from working together, in common cause and shared purpose -- from doing what our heart says is right in a way that our head says will work," he added.

Mr. Adams said that Paul Martin's "mini-budget" illustrates this.

He called it a "caring budget based on sound fiscal management."

Highlights of the budget, he said, include \$2.2 billion for childhood development; a further increase in the child tax benefit to \$2500 for the first child and similar increases for other children; an increase to \$400 per month in the tax credit for students' books and lodging; a further increase in the tax credit for infirm dependants

and in the disability tax credit for severely disabled children and in the disability tax credit itself; and an increase, to \$3500, in the caregiver tax credit which was introduced in 1998.

"All these, on top of the huge increase in healthcare spending and an increase in environmental spending, are examples of heart in government," Mr. Adams said.

"But intentions are of little use without sound financial backing and good management," he added.

To that end, he said, the government has put the nation's finances "into good shape" with the mini-budget addressing the national, cutting taxes for middle and low incomes and stimulating the economy by cutting taxes for small and medium-sized businesses.

"Government is not a business but has to be business-like," Mr. Adams said. "But to get the benefits of the wonderful diversity of our country we must have a strong central government."

"I think it is important for us to remind Canadians of our accomplishments and the importance of building on them," Mr. Adams told supporters.

"This election is about values. Our values, based on real experiences, against those of a doctrinaire, right-wing official opposition. I am proud to have the opportunity to fight for our values."

Mr. Adams says he enjoys working with the many groups and individuals he meets across the riding as well as the work he has done for the government as a member of the Standing Committee on Industry, Agriculture and Environment and as the current Chair of the Standing Committee on Human Resources Development.

Mr. Adams has also chaired the Eastern Ontario Caucus and is presently the Chair of the Caucus Committee on Higher Education dealing with concerns of students and groups involved in post secondary school issues.

## Hawkwind Carvers draw winners

The winners of the Hawkwind Carvers draw at the Norwood Fall Fair were: R. Klukach of Campbellford, R. Allenson of Warkworth and N. Caron of Trenton.

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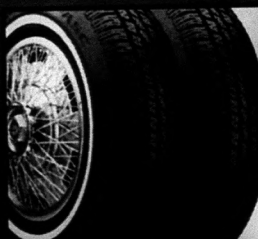
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SNOWBOARD. Ride Kix 1400, 140 cm. good condition. \$200, size 9 snowboarding boots \$40. 613-395-0374. Ask for Tyler.

PINE Flooring, tongue & groove, all kiln dried. 1"x6"=.35¢ per lineal foot, 1"x8"=.45¢ per lineal foot, 1"x10"=.55¢ per lineal foot, 2"x8"=.80¢ per lineal foot, 2"x10"=.90¢ per lineal foot. Delivery anywhere in Ontario. 7 days a week. 43-11

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WE Buy & sell good used appliances. Low prices, written guarantee. Call Thompson Refrigeration & Appliance. 613-478-3126. Tweed (49-11th)

**NEW & USED APPLIANCES**  
**USED REFRIGERATORS**  
 Stoves, washers, dryers, freezers, 3 months old & up. Sold with written guarantee. Fridges \$100 and up.  
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 At the lowest prices in the area. Trade-ins accepted on new appliances. Best selection to choose from.  
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 For good used appliances in working order or not, but no junk, please. VISA & MASTERCARD accepted. We have our own financing also. Shop at our competitors and then come see for yourself quality at low prices. Open evenings 7 days a week. WE DELIVER.  
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### FOR SALE

300 CEDAR posts for sale. Also 1 bedroom log house, furnished for rent. \$450, plus h/hydro. 613-473-5900. (42-12)

ARCTIC-MEYER-WESTERN Snow Plows - Monroe Spreaders, Call Dan 1-888-622-0242. Kewler Sales & Service - Eastern Ontario's Original Truck Equipment Dealer. (42-11th)

DRUM Set, 10 piece, includes: 2 cymbals, high hat, & 7 drums. Excellent condition. \$300. 613-395-0374. Ask for Tony.

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MODERN Wedding dress - Size 6/7, detachable train, satin & lace pattern. Paid \$700. Asking \$350. 613-968-4624.

PINE, VJOINT, TAG, wainscoting, all kiln dried. 1"x6"=.35¢ per lineal foot, 1"x8"=.45¢ per lineal foot, 1"x10"=.55¢ per lineal foot, 2"x8"=.80¢ per lineal foot, 2"x10"=.90¢ per lineal foot. Delivery anywhere in Ontario. 7 days a week. 613-623-6414.

HOUSE For sale by owner. Village of Norwood, older brick home, 2 storeys, 3 bedrooms, with 1 bedroom apt., 2 car garage and 1 bedroom apt., new carpeting, newly painted, very clean. To view 705-639-5571.

**WHAT A DEAL!**  
**MUST SELL 1986 FORD F150 EXTEND-A-CAB**  
 w/cap and boxliner, 302 V-8, auto, good tires & brakes, all new hoses, new motor, new thermostat, new radio/tape deck, new rad. Needs only exhaust work to certify. \$1,400. OBO Call Larry at: (705) 653-6195

### VEHICLES

1992 Chev Lumina car, black, 4 door, 3.4 L, DOHC, automatic, tilt steering, AM/FM cassette, air cond., P/S, PDL, P/W, ABS, trunk, tint windows, 167 tires, 210,000 km. \$1,500, into brakes, seats & muffler recently. \$4,500. OBO. 613-395-0374, after 5 p.m.

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**EXTENDED CAB 4X4**  
**THIS VEHICLE IS EQUIPPED WITH:**  
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### HELP WANTED

RECEPTIONIST/Secretary for Social Agency - 6 month contract, to commence immediately, 3 days per week, salary negotiable. Mail resume by Nov. 6, 2000 to: Rec./Sec. Box 841, Madoc KOK 2K0.

EXPERIENCED Cook & waitress wanted. Apply: Ranchman Restaurant, Hwy #7, Norwood.

Earn \$200., \$300., \$500. or more per week, assembling product in the comfort of your own home. Send a self-addressed stamped envelope to: O.P.H. 2400 Dundas St. West, Suite 541, Ref. 929, Mississauga, ON L5K 2R8.

### HELP WANTED



Community Care Peterborough is a non-profit, charitable organization that provides volunteer-based support services and programs of the highest quality for seniors and for adults with physical challenges in Peterborough County and City.

We are currently seeking a Community Development Coordinator for our Havelock office. This is a contract position, 25 hours/wk., effective until March 30, 2001, with the possibility of an extension.

The Coordinator is responsible for the direction and delivery of home support services. This includes responsibility for volunteer management, public relations, fundraising, service development, quality assurance and administration.

**Qualifications**  
 • demonstrated computer experience  
 • demonstrated administrative skills  
 • strong organizational skills  
 • strong communicating skills  
 • experience working with volunteers  
 • knowledge of services for seniors and adults with physical challenges  
 • ability to work independently and in a team setting  
 • a valid drivers license and reliable transportation

Closing Date: November 7th, 2000

Please submit resume to:  
 Pamela MacDougall, Executive Director  
 Community Care  
 Room 9 - 180 Barnardo Ave.,  
 Peterborough, ON K9H 5V3

### WANTED

**ADVERTISING SALES REPRESENTATIVE**  
 We are in need of a Print Advertising person with a minimum of 2 years experience for The Heritage newspaper. If you have sold advertising space in a magazine or newspaper, we would like to talk to you. Please do not call unless you have sold ad space.  
 For a confidential, personal interview, call 613-472-2431 and ask for Joe Cembal.

### BIRTHS

Dowling, Catharine, Mary, Monique  
 Bill & Lisa Dowling are proud to announce the birth of their beautiful daughter, Katie was born Sunday, Oct. 8, 2000 at Napanee General Hospital weighing 8 lbs., 10 oz. Special thanks goes out to Dr. Jeff Sloan & the nursing staff for all their kindness & support.

### PETS

BASSET Beagle male puppy - ready to go to good home, first shots & dewormed. \$200. 613-332-5160.



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CKC Registered yellow/white labs, male pups from good hunting stock. \$550. each. 613-474-0820.

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MAJORCA - 3 bedroom house, fully furnished, 1250 sq. ft. with basement, large yard, clean, carpeted, spacious, \$600, plus oil heat, hydro. 1-800-750-0102.

HAVELOCK - In town, large 1 bedroom apt., above store, 2nd floor. 705-778-7863 or 778-7335.

CAMPBELLFORD - 2 bedroom adult apt. in security building, fridge, stove inc. \$551, monthly plus utilities. First & last, with ref. please. Call Paul 705-653-4157.

HAVELOCK - Apt. for rent, large 3 bedroom & 1 bedroom. \$800./\$300. per monthly utilities included. references. 416-755-8481.

3 BEDROOM Townhouse. \$580, plus heat & hydro at Flinton Corner. 1800 sq. ft., newly decorated. Call 613-336-2661.

MARMORA, 2 bedroom duplex, 2 baths. In town, close to shopping. Available Nov. 1. \$500. monthly plus utilities. Donna Reed 613-472-3338.

HAVELOCK - 1 bedroom apt. Heat, hydro, fridge & stove included. 705-778-2757.

CAMPBELLFORD - in town, very clean, 1-1/2 storey house. Clean tenant, no pets. \$650. plus utilities. 905-707-2903.

HASTINGS - Smoke Free Building. Office/Commercial space overlooking Lock 18, Hastings. Main Street entrance, 400+ sq. ft. Contact 705-876-8130 or 705-696-3226.

### MORTGAGES

FREE EXPERT Advice for borrowers. Consolidating or purchasing? Call Chase Financial 613-384-1301. Mortgages or loans. Private funds for problem circumstances. Equity mortgages available without proven income.

### LOST

MALE Beagle - black, white, brown, 4 years old. Marmora area. 613-472-3806. Reward! (43-342)

MISSING from Rawdon Township - 2 year old male Rottweiler, black/tan, black collar. Family pet - reward. 613-395-4864.

### BIRTHS

PSYCHIC Answers by Evelyn Rays. Police use us. You can't! Lonely in love? Career(s)? Spouse cheating? All calls confidential. Talk 1 on 1 Live psychics 24 hrs. \$18. \$2.99/min. Call 1-900-451-4055. (43-27-4)

**FAMILY SEARCH FOR FAMILIES OF ROBERT O'ROURD**  
 Born Toronto 1848 - Died Madoc Nov. 27, 1927. I can be reached at: www.okay13@world.com or #5, 27004, Township Rd. 51, Spruce Grove, Alberta T7Y 1G5. Kay O'Riordan

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MISSING from Rawdon Township - 2 year old male Rottweiler, black/tan, black collar. Family pet - reward. 613-395-4864.

### HEALTH CARE

REGISTERED and Practical Nurse seeking employment in Marmora & surrounding areas - drive. Contact 613-472-6789 or 613-472-6817.

### YARD SALES

MOVING SALE - Sat. Nov. 4, 2000, 11:00 a.m. - 4 p.m. Hwy. #62, Fire Rte. #16567, Eldorado (4 km north of Eldorado Store). K.S. Water Bed, stove, washer, dryer, toys, etc.

### AUCTIONS

**MON. OCT. 30 - 10-30 A.M.**  
 Going out of Business Sale at FIRST NATION'S HARDWARE in the business center, CURVE LAKE  
 West off #507 on Curve Lake Rd., 5 km south of Buckhorn or 10 km north of Lakeshield.  
 Complete inventory of hardware, fishing equipment, garden tools, fertilizers, rope, hand tools, nails, screws, brooms, automotive items, plumbing, electrical. No reserve. All must go. Terms - cash, Visa, MC or Interac only. Don't miss this complete liquidation.  
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## COMING EVENTS COMING EVENTS

### TOMPKINS BY THE BAY

Handcrafted Furniture Gifts & Gallery

#### 9th Anniversary Celebration

## OPEN HOUSE

Sat. Nov. 4 - Sun. Nov. 5  
also  
Sat. Nov. 11 - Sun. Nov. 12  
10 a.m. to 6 p.m.

We're all ready for Christmas our 5,000 sq.ft. showroom is packed with unique gifts

Designer Throws, Candles, Calendars & Frames, Collector Plates, Wine Racks & much more...

Place your Orders for Rocking Chairs, Quilt Racks, or Furniture NOW...

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ALL QUAL FIRM REGARDLESS OF  
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Large kitchen facility  
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Bingos: Wed. & Fri. 7 p.m.  
For more information, call:  
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Madoc Twp. Rec. Centre Eldorado  
Every Thurs. Evening -  
Early Bird 7:30 pm  
Weekly Jackpot \$3,000.  
in 53 numbers  
Contribution: Minimum  
\$200., up to \$500.  
- Air Conditioned Hall  
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Clean Washroom  
Madoc Twp. Rec. Centre 16, 202-1431

### SMOKE FREE BINGO

NOV. 9th  
FREE CAKE & COFFEE

## COMING EVENTS

14th ANNUAL ARTS & CRAFTS Sale  
Sunday, Nov. 12, 10 a.m. - 3 p.m.  
at Napanee Secondary School,  
Santa visits 1 p.m. - 3 p.m. Info  
call 613-378-6439.

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Rates as low as  
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Great Selection!

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HOURS:  
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Large new bungalow in beautiful, historic Hastings.  
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A faithful 2 hr. recreation of the TV show  
Centennial High School, Belleville  
Saturday Nov. 25th at 2:00 pm  
Scott Woods & Mark Sullivan  
fiddle champions  
Champion step dancer sensations, The Fitzgerald Family  
Tickets on Sale call 613-962-1309

### PERFECT PIE CONTEST


NOV. 4, 2000

Town Hall, Warkworth  
Pie Registration  
9:00 - 10:30 a.m.  
Door Open to  
The Public 1:30 p.m.

### BINGO

STIRLING & DISTRICT LIONS CLUB  
Every Monday Night, 7:10 p.m.  
At Stirling Recreation Centre  
Regulars: \$40.; Specials \$80.  
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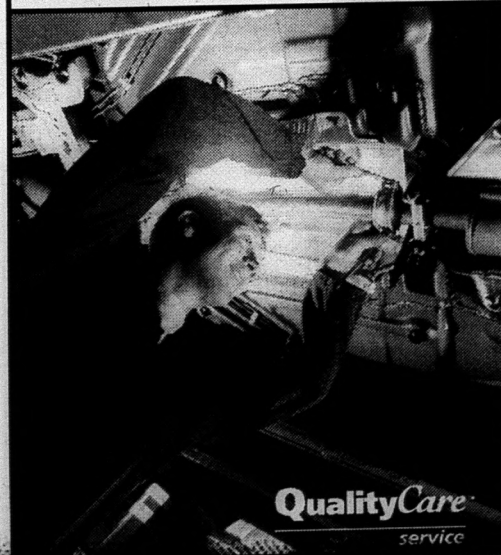
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\* Applicable to most cars and light trucks. Vehicles equipped with diesel engines are extra. Taxes and provincial levies not included, where applicable. At participating Ford of Canada dealers only. Dealers may sell for less. Ask your Service Advisor for full details. Offer expires December 31, 2000.

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Motorcraft® Tested Tough Series (WTBXL)

Includes:

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Includes:

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\* Taxes and provincial levies are extra, where applicable. Installation not included. Applicable to most cars and trucks. Batteries for vehicles with diesel engines are extra. WTBXT 65-750 and WTBXT 65-850 are \$99.99. WTBXL 75-750 and WTBXL 75-850 are \$94.99. At participating Ford of Canada dealers only. Dealers may sell for less. Ask your Service Advisor for full details. Offer expires December 31, 2000.

### Brakes

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Motorcraft® Preferred Value Brakes

Includes:

- Installation of Motorcraft® Preferred Value front or rear brake pads
- Parts and labour
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\* Excludes machining of rotors and drums.  
† Guaranteed as long as the original purchaser owns the vehicle. At participating Ford of Canada dealers only. Dealers may sell for less. Taxes not included. Some conditions apply. Ask your Service Advisor for details. Offer expires December 31, 2000.

YOUR ONTARIO FORD DEALERS.

## And Baby Makes 300?

HEY DADS, the next time you feel frustrated keeping up with your typical American brood of one, two, or maybe three children, just remember the name Ancentus Akuku. The BBC News recently reported that Akuku, his wives, and children have solved a rather uncommon family problem: they couldn't all fit into their church so they built a new one just for themselves.

An ethnic Luo from western Kenya, Akuku has been married more than 100 times. He has been divorced roughly 30 times, and he thinks he has more than 160 children, but has apparently lost track.

And age hasn't slowed him down. Now 81, Akuku married Josephine, his newest wife, four years ago and they now have a young son.

According to the BBC, polygamy is a tradition among the Luo, who permit a man more than one wife, as long as he can provide for her and their children.

Not surprisingly, Akuku is quite well off for that part of the world.

He owns a fleet of taxis, (driven by his sons), a general store (run by another son), and a tailor's shop

(run by a daughter). In fact, Akuku appears to be connected, either by blood or marriage, to all the businesses in the area.

While polygamy has come to mean having more than one wife, it actually means having more than one spouse, and therefore could apply to women with more than one husband.

The correct term for having more than wife, polygyny, is not widely used. Polyandry means having more than one husband.

Some observers believe polygamy is no longer as widespread in Africa as it once was. Many women have been influenced by western values and do not want to be a second, third, or tenth wife. In addition, Christian missionaries frown on the practice, although often, as in Akuku's case, religious leaders ignore the practice in favor of establishing congregations in an area.

However, Islam permits its followers to marry up to four wives, and the debate over polygamy has cropped up around the world. In Uganda, for instance, where traditional practices do not limit the number of wives a man may have, a proposal to

limit the number of wives to two was opposed by both Muslims and Christians. Muslims wanted to be allowed four wives, while Christians favored only one.

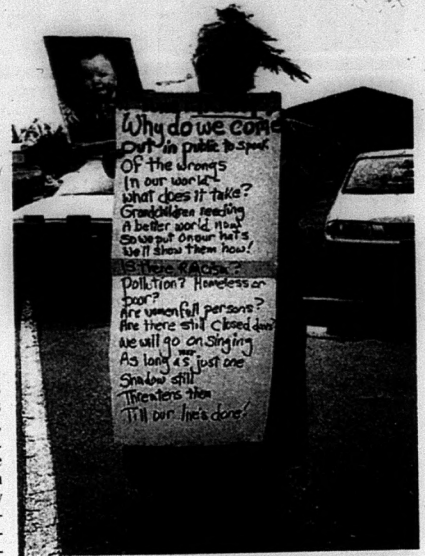
Meanwhile, the Black World Today reports that while polygamy is illegal in the West Indian nation of Trinidad and Tobago, it is widespread among the island's substantial Muslim population, whose ancestors were brought from India by the British as indentured servants. The Trinidad Muslim League has urged the law be changed to allow four wives.

In July 1999, the Russian justice department dismissed a request by Ingushetia, a predominantly Muslim region in the Caucasus, to allow a man to marry up to four wives provided the first wife agrees. The issue has been discussed in several newly independent Central Asian nations as well. A number of other Islamic states do permit polygamy, however.

In some cases, men may have many more than four wives, particularly in Saudi Arabia and certain oil-rich Persian Gulf kingdoms. For instance some members of

the Saudi Arabian royal family have received considerable publicity for their numerous wives and children. While exact numbers are often hard to determine because of a strong tradition of family privacy, the founder of modern Saudi Arabia, King Saud is believed to have had some 80 children by 20 wives. The current king, Fahd, has three wives and 13 children, making them both prolific dads.

In the United States polygamy has traditionally been practiced only by members of the Church of Jesus Christ of Latter-day Saints, better known as Mormons. In order for Utah to become a state in 1896, Mormon Church leadership officially ended their support of polygamy. However, an estimated 50,000 Mormon fundamentalists, many of whom have been excommunicated by their church, still practice polygamy. However, non-polygamous Mormons still have higher birthrates than the United States as a whole. Hispanics also tend to have higher than average birthrates, so states with sizable Mormon or Hispanic populations lead the list of US state birthrates.



Rose Deschaw, a Raging Granny from Kingston, displays the words to a song sung by the grannies on their trek to Ottawa, as part of their involvement with the World March of Women 2000. Photo by Aubrey Johnson

Violence against women and children continues to be an issue which needs to be resolved on all levels. It has been estimated that once every 20 seconds, an act of violence is perpetuated against a woman or child in the world. Events such as the World March of Women 2000, helps to find a solution to this common threat.

## Centre Hastings Hockey News

The ice is in at both arenas and our hockey players have been working hard to get ready for the coming season. From the results of the first few games and buzz going around the rinks, we have some strong, competitive teams eyed this year and can look forward to a winter's worth of entertainment.

The Bantam DD Grizzlies have hosted three home games since their season got underway with an exhibition game against game vs. Frankford, Oct 1 in Madoc. Fans used only the edge of their seats in this game that ended in a 3-3 tie. Grizzly goals came from Josh Leaver, Dave Hughes and Caleb Atkinson. Paul Hainle, Mike Stein, Ken Skinner and Josh Leaver scored assists. Oct. 9 saw the Bantams playing host to Tweed in Marmora. This match also ended in a draw with the final score of 1-1. The Grizzly goal was banged home by Paul Hainle, passed up by Brennan Tuckett. These guys posted their first win against Tamworth in a 3-2 decision. Paul Hainle, Brennan Tuckett and Greg Smith scored with help from Andrew Adams, Mike Stein and Paul Hainle.

The PeeWee DD Grizzlies came out scrapping in their first season opener against Tweed, on Madoc ice. This team dominated the game from the first drop of the puck and ended it 5-1. Hometown goals came from Jarrod Cassidy, Chad McLean, Tyson Terrior,

Justin Black and Matt Holland. Assists were posted by Justin Black, Anthony Halliday, Tyson Terrior and James Gushue. These guys also dropped Keene to their knees 4-2 in exhibition play in Marmora. Goals here came from Tyson Terrior, Chad McLean, Jon McConnell and Tyler Blakely. In on the goals were Chad McLean, Travis Gordon, Anthony Halliday and Tyson Terrior.

The PeeWee AE put up a good fight but fell to Napanee 4-3 when the visitors tucked in a last minute goal. Scoring for the home team were Cody Chambers (2) and Jarrod Cassidy. Earning assists were Shane Ray, Darryl English, Byron Chamberlain and Robby Blakely.

The Bantam AE Grizzlies started out on the same foot when Trenton came alive in the third and scored the game winning late in the period, ending this one in a 5-4 decision. C.H. goals came from David Maloney, Brad Robinson, Shawn Trotter and Jeff McCann. The next days road trip top Bancroft was a chance at redemption for the team and they fought hard for their 8-7 victory. Scoring for the Grizzlies were Shawn Trotter (hat-trick), Brad Robinson, Gordon Thomas, Andrew Adams and George Derry (2). Brad Robinson, Riley Andrews, George Derry, Andrew Adams, Dillon Carman and Shawn Trotter set up the goals.

The Oct. 13th season opener for the Midget Grizzlies was an action packed victory over visiting Keene. This team looks great out there and this 5-2 win will not be their last! Scott Acorn, Tyler Gordon, Mike McCann, Frank Solmes and Ryan Morton banged home the points off the sticks of Adam McDonald, Tyler Gordon, Mike McCann, Jason Wilson, T.J. Tomlinson, Ryan Johansen, Justin Cassidy and Rob Reynolds.

### Staying Cozy

If you're planning to install a new fireplace, here are a few tips to help you reap energy savings while keeping cozy, safe and comfortable this winter.

- Location, location, location: Install the fireplace in a major living area with open access to other parts of the house. That way, warmth will be spread throughout your home.

- Have the fireplace installed by a qualified tradesperson.

- For safety's sake, if you're adding or modifying a mantelpiece, remember to respect minimum clearances.

- Keep in mind that gas fireplaces should be serviced annually, and wood-burning units should be cleaned on a regular basis.

- When you install your fireplace, also install a carbon monoxide detector nearby. It's a worthwhile safety device!



The "Raging Grannies" from Peterborough, members of a Canada wide movement dedicated to erasing poverty and violence against women and children, are pictured during a recent stop-over in Madoc, as part of the World march of Women 2000. The original, raging Grannies group was formed in Victoria, in February 1987, by eight women worried about nuclear proliferation and the danger of nuclear powered and armed vessels in Canadian waters. Later, they decided to target other social justice issues. Success came quickly and other groups sprang up. Groups continue to form across Canada and the USA. The Peterborough Grannies were formed during the Days of Action in 1996.



The Madoc Health Unit, in collaboration with the Centre Hastings Detachment of the OPP are pictured during the recent child restraint seat blitz in Madoc. Photo by Aubrey Johnson



# A Different Perspective

by Mary Dixon

A woman's worst nightmare? That's pretty easy. Novelist Margaret Atwood writes that when she asked a male friend why men feel threatened by women, he answered, "They are afraid women will laugh at them." When she asked a group of women why they feel threatened by men, they said, "We're afraid of being killed."

If you ask a woman what she is afraid of and what she does to protect herself, she'll give you a list of specifics. Ask a man the same question, and he might not understand what you mean. Typically, women were afraid of physical violence or they are afraid for their children's safety. "I worry sometimes that I might get attacked or something by some guy because I run in the morning and it's always real dark. I got a dog, so that I can run with him, and I also carry mace on me now when I run." "I'm most afraid of being attacked by a man, especially if I'm out jogging or riding my bike or walking. I don't go out alone at night. I used to run with headphones on and I don't do that anymore so that I can be aware of what's going on around me."

"I'm always afraid in a situation where there's somebody that could overpower me easily. I lock my doors, park in lighted areas, don't run in dark areas." "I'm afraid everytime I take my garbage out at night, because I know that women have been attacked and raped just by simply taking the garbage out, being caught unaware at nighttime. I always take my two dogs with me when I take out the garbage." For women, the fears are specific. Men, on the other hand, tended to be more afraid of failure or being humiliated. "I'm most afraid of being stupid."

"Failure is the dominant fear in my life." "Making the wrong decision and having to live with it." "I think I'm most afraid of an overall loss of control." "As a man, I'm afraid of very little." Most men don't understand the lingering fears of women.

When a co-worker complained to her husband she didn't like working the late shift because she was afraid to go to her car, he asked her why she didn't just tuck her blond hair under a baseball cap. It's not that women are perpetually frightened or immobilized by fear. Rather it's that we know we must constantly be wary. We look over our shoulder in the parking lot, hold our keys in our hands as we leave the building, check out who's in the elevator, lock our windows even on a sweltering summer night -- a hundred small gestures that become second nature to a woman. We take precautions a man never considers.

I recently spent an afternoon with a single friend

while a police officer did a security check of her home. (She didn't want to be alone in her house with a stranger, even though he was a policeman.) I doubt many men would have considered such a check necessary. Not long ago a friend of mine called to ask me to stay with her for a few nights. Her husband was leaving town and she didn't want to stay in the house alone. I went because my husband was out of town on the same weekend and I didn't want to stay home alone either. If you're a man this won't make any sense to you. But if you're a woman alone in a big house, doors and windows can keep you up at night. There are plenty of bad guys out there and only a door or a window separates them from us. Though my windows are painted shut, the doors double locked and deadbolted, I still have an escape route plotted out in case I actually hear someone climbing up the steep stairs to the hallway outside the bedroom. I realize this is ridiculous, but who can help the dark demons that the night summons? Do men go through these elaborate scenarios in the dead of the night, trying to map out an escape route? I've never met one who did. But most women I know have a plan. We take precautions.

A 49-year-old woman we interviewed for our documentary thought she had taken precautions. She was raped a few months ago in her home when she heard her dog barking and opened the door to let it in. A masked stranger with a knife grabbed her, dragged her into the house and raped her.

"I have mace on my keychain, but you don't run outside to see what your dog's barking at with your mace in hand," she says. "Maybe you should go everywhere with it in your hand. All women are vulnerable like I am. And if they don't realize it, they should. Because you never know what's going to happen. You never ever know when it's going to happen. And you always need to be checking your back." It's a reality that makes Maggie resentful.

"First it's the evenings that I list, and now it's freedom around my own home. It seems like we just keep having more and more things that we have to watch out for, and more and more freedoms we lose, just by our gender." The ever-controversial Camila Paglia says women are dreaming if they think anything will change. "Feminism keeps saying the sexes are the same. It keeps telling women they can do anything, go anywhere, say anything, wear anything. No, they can't. Women will always be in sexual danger," she writes in her book Sex, Art and American Culture.

To illustrate, she relates the story of a male student who slept in a passageway

of the Great Pyramid in Egypt. "I will never experience that. I am a woman. I am not stupid enough to believe I could ever be safe there. There is a world of solitary adventure I will never have. Women have always known these somber truths."

While we must remedy social injustice whenever we can, Paglia says we must realize that there are some things we can never change. An anthropologist friend of mine who comes from a perspective of looking at cultures past and present, agrees with her. She says women will forever be prey because of the differences between the sexes. They may be right. I doubt I'll ever walk alone in certain places or stop locking doors and windows. "Women have well-founded fears," 24-year-old Jason told me. "I understand it, but I've never experienced it. I never plan where I walk the dog or park my car. Why should I? I'm a man." I hold out hope that more men, like Jason, are beginning to understand women's fears and to realize that women have a different reality of their own safety than do men. Society won't take women's fears seriously until men understand our vulnerability. Until men join with women to say no to violence, whether it's on the streets or in our homes, nothing is likely to change. As women, we can take all the precautions imaginable, but the ultimate answer lies within each man and woman and what we will or will not tolerate as individuals, as communities and as a nation to allow our daughters, our sisters, our mothers and all the women in our lives to live without fear.

## A Dripping Faucet?

An environmentally friendly faucet conserves energy and water, improves quality and saves money. Some features to look for:

- Washerless faucet. A faucet with a one-piece washerless cartridge eliminates washers and seals, the most common cause of drips and leaks.

- Faucet with flow control aerator. Flow control devices on your kitchen or bathroom faucet and flow-restricted showerheads will reduce water flow, water usage, save energy and money.

- Faucet and filter in one. Eliminate your use of water bottles and other water purification methods by installing a faucet and filter in one. A new filtering faucet improves water quality by reducing chlorine, lead, odour and micro-organisms in drinking water.

# Ten ways to save energy and money this winter

"A large winter utility bill is as inevitable as death and taxes," said Tim Grether, technical services manager of an insulation manufacturer. "However, making these simple energy-saving home improvements now, can help trim your increased energy expenses this winter."

## 1. Add another layer of attic insulation

Since the majority of homes built before 1980 could be under-insulated, heat escapes through the ceiling, past the roof and into the atmosphere because of a lack of insulation in the attic. One of the easiest and most cost-effective ways to help cut heating and cooling costs and to help make a home more comfortable is to add more insulation in the attic. As a general rule, if you have less than 11 to 12 inches of attic insulation, you probably need more.

## 2. Turn on the humidifier

It's not just the heat; it's also the humidity. If your furnace doesn't have a built-in humidifier, use a portable unit in frequently occupied areas such as the bedroom and living room. The additional moisture will increase the "heat index" inside your home, making 20°C feel more like 24°C. The relative humidity in the home should be between 20 to 40%. To help avoid condensation on windows, lower the percentage, as the outside temperature gets colder.

## 3. Warm yourself before heating the entire house

Put on a sweater before turning the thermostat dial. Each degree you raise the thermostat on your heating system increases your fuel bill by 3%.

## 4. Install a programmable thermostat

Why heat the house when nobody is home? A programmable thermostat can automatically lower and raise your home's air temperature when you are work or sleeping. By simply turning your thermostat back from 22°C down to 18°C for eight hours a day, you can save as much as 10% on your annual heating and cooling costs. If used appropriately, the energy savings will offset the costs for a programmable thermostat in less than one year.

## 5. Let the sun shine in

Open the window shades on the south and west side of the house during the day to maximize the warmth of the sun, and close them at night. If you have single-pane windows, consider replacing them with double-pane windows with special coating on the glass that reflects heat back into the room during the winter months.

## 6. Cover the windows

If you can't afford to replace your single-pane windows, remember to use your storm windows or install a clear plastic film across the inside of your window and frame.

The plastic becomes nearly invisible when you heat it with a blow dryer and is relatively inexpensive. The trapped pocket of air between the plastic film and window acts as an effective insulator, helping to reduce heat loss through the window by 25 to 50%.

## 7. Change furnace filters frequently

You can improve the energy efficiency of your heating and cooling systems by as much as 10 percent by cleaning air registers, baseboard heaters and radiators

as needed and changing forced air heating system filters monthly. An alternative to swapping out placement filter is to washable filters. With they can last up to five years.

## 8. Seal the ducts

The most logical way to seal is to only be heating areas, not the unfinished basement. However, in many homes warm air generated by furnace often escape the attic or basement. It reaches its intended destination because of cracks in the air ducts result, the furnace overtime to keep the house warm. Check ducts for leaks each fall use duct tape to repair seal holes or sections may have separated. If you are buying new ducts, consider a system that is surrounded by insulation.

## 9. Plug the drafts

The exterior of house is your first line of defense against drafts, seal and weather around all seams, cracks and openings.

Pay special attention around windows and siding or bricks and trim meet. You can reduce drafts from the by caulking, sealing weather-stripping a windows and doorframes and near electrical boxes plumbing penetration.

## 10. Close vents to rooms

Today's larger homes have more room family members to fill. By closing the vents in spare bedroom houses can cut your heating

You can always close vents when guests visit the holidays.

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## Incredible Edibles

You're lost in the woods. You're cold, frightened and most of all hungry. What are you going to do? What are you going to eat?

Well if you had accompanied Peter Rice on one of the many nature walks he conducts in the country, you'd know exactly what kind of plants you could eat, what kind of plants you could make into clothing, and what kind of plants you should stay as far away from as possible.

(Of course - unless you are a fully trained specialist do NOT try eating or touching anything you find in the wild.)

*"Everything is either, protection, food, or shelter for the creatures who live here, and 275 years ago, the Indians survived on natural resources to feed themselves. This was the native American's supermarket; shrubs and trees were used for food, medicine, clothes, tools, dyes, houses, and tools -- everything they needed, they got out here."*

Peter routinely takes around groups of 20 or so and shows them all about the natural foods, tools, and history of the land.

There's also a few things to avoid: this is poison oak. As the name suggests, you want to stay as far away

from it as possible.

A tasteful and useful plant, the Stung Nettle can be used to make rope. It's also very nutritious and tastes like spinach. But be careful, they don't call it 'stung' for nothing.

Most of us think of fire as a destructive force of nature, but the opposite is actually true. Peter explains: "fire is nature's way of cleaning up its own mess."

In fact, many of the plants on the mountains need fire to live. Fire will clean up dead and tangled upper brush, but the root system will be intact. "The heat of the fire will cause the underground seeds and pods, which may have been waiting for 50 or 60 years, to crack open and give birth to new plants."

There are many different types of nature walks offered by various members of Conservation Authorities, for different interests and people of all ages.

If you live in or near a conservation area and you'd like to join Peter or another docent on one of these wonderful nature hikes, call your local authority for an itinerary of upcoming nature events.

Remember, to be safe, never eat or touch anything you find in the wild.

Once upon a time, there was an old man whose daughter was married to a handsome young lad.

The young couple led a happy life, except for one problem: the new husband spent all his time dreaming of a way to turn dirt into gold. In those days people who did that were known as alchemists.

Soon enough, he ran through all of his inheritance, and the young wife had to struggle to buy food each day. Desperate, she begged her husband to find a job.

"I am on the verge of a breakthrough!" he insisted. "When I succeed in turning dirt into gold, we will be rich beyond our wildest dreams!"

Finally the young wife went to her father about the problem. He was surprised to learn that his son-in-law was an alchemist, but he promised to help his daughter and he asked to see the young man the next day.

The young man arrived reluctantly, expecting a scolding. To his surprise, his father-in-law confided in him, "When I was young I, too, was an alchemist!"

The father-in-law asked about the young man's work, and the two of them spent the whole afternoon talking. Finally the old man

cried, "Why, you have done everything I did when I was your age! You are surely on the verge of a breakthrough. But you need one more ingredient in order to change dirt into gold, and I have only recently discovered this secret."

The old man paused. "I am too old to undertake the task," he sighed. "It requires too much work."

"I can do it, dear father!" cried the young man. "Hm, perhaps you can," said the old man. Then he leaned over and whispered, "The secret ingredient is a silver powder that grows only on banana leaves."

You must plant the bananas yourself and cast certain spells on the seeds. Then when the plant grows, the powder on the leaves will become magical. "How much powder do we need?" the young man asked.

"Two pounds," the old man replied. The son-in-law thought out loud. "Why, that would require hundreds of banana plants!" "Yes," sighed the old man, "and that is why I cannot complete the work myself." "Do not fear!" said the young man, "I will!"

And so the old man taught his son-in-law the magic spells and loaned him money

to start the project.

The next day, the young man bought some land and cleared it. He dug the ground himself, just as the old man had told him to do, planted the bananas, and murmured the magic spells over the planted seeds.

Each day he examined the seedlings, keeping weeds and pests away. When the plants bore fruit, he collected the silver powder from the banana leaves. There was scarcely any powder on each plant, so the young man had to buy more land and cultivate more bananas. It took several years, but finally the young man collected two pounds of the magic dust. He rushed to his father-in-law's house.

"I have the magic powder!" he cried with excitement. "Wonderful!" rejoiced the old man. "Now I can show you how to turn dirt into gold! But first you must bring your wife as we need her help."

The young man was puzzled, but obeyed. When his wife appeared, the old man asked his daughter, "While your husband was collecting the banana powder, what did you do with the bananas?"

"Why I sold them," the daughter said, "and that is how we earned a living."

"Did you save any money?" asked the father. "Yes," she replied. "May I see it?" asked the old man.

So his daughter hurried home and returned with several bags. The old man opened them, saw that they were full of gold, and poured the coins on the floor. Then he took a handful of dirt, and put it next to the gold. "You see," he said, turning to his son-in-law, "you have changed dirt into gold!"



*As the Halloween night approaches, please remember to drive carefully. Kids on the street are hard to see at night.*

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# Daryl Kramp Begins Campaign

The Daryl Kramp Progressive Conservative Campaign in the federal riding of Hastings-Frontenac-Lennox and Addington has opened its campaign headquarters in Napanee and campaign offices in Madoc and Bancroft.

The three locations opened for operation on Thursday, October 19, in anticipation of an imminent federal election call by Prime Minister Jean Chretien, which the Liberal leader confirmed Thursday afternoon in the House of Commons.

"It's an expensive, unnecessary \$200 million election the Prime Minister has decided to call after only 3-1/2 years," said Daryl Kramp, a Madoc restaurateur and businessman. "But, we have assembled a solid organization across these three counties and are going to wage a solid campaign to bring effective representation back to Hastings-Frontenac-Lennox and Addington."

Mr. Kramp, the P.C. Party's candidate in the 1997 election, placing second to incumbent Liberal Larry McCormick, won his party's nomination on May 5.

He has been campaigning since then, knocking on

doors, attending issues, meetings and listening to voters.

"People want a Member of Parliament who will make things happen," says Kramp. "One who will stand up for local voters against health cuts and for agriculture. One who will stand up and work to bring prosperity and jobs to this part of Ontario."

That's what I've been told time and again. I am ready to stand up for the people of this riding. I am ready to make a difference here—and in Ottawa."

The Daryl Kramp campaign can be reached at 1-877-572-6772 (1-877-Kramp-PC).

The campaign website will be launched shortly at [www.DarylKramp.com](http://www.DarylKramp.com) (it can be currently found at [www.geocities.com/SirJohnAhfla](http://www.geocities.com/SirJohnAhfla)). The campaign's email address is [DarylKramp@Canada.com](mailto:DarylKramp@Canada.com)

**Don't forget to  
turn back the  
clocks this  
weekend, on  
Sunday at  
2:30am.**

# W.C.T.U. Banners on Display

An extraordinary exhibition of 21 antique political and religious banners examines the roles and activities of one of the most successful women's organizations in Canadian history - the Women's Christian Temperance Union (W.C.T.U.).

These rare, embroidered and painted cloth banners, discovered in the W.C.T.U.'s Toronto archives and recently restored, give insight into women's political and social activism a century ago.

Gather Beneath the banner: Political and Religious Banners of the Women's Christian Temperance Union, 1877-1932, opened September 29, 2000 at the Canadian Museum of Civilization (CMC) and will remain on display in the Canadian History Galleries until February 11, 2001.

The banners were used in Canada by the W.C.T.U. in the late nineteenth and early twentieth centuries. Through their words and images, the banners proclaim the belief that Protestant values would conquer social ills that threatened women and the family.

The banners are also tangible evidence of women's entry into the public world to take an active political role in the preservation and advancement of the social values they championed.

Most notably, the W.C.T.U. was at the forefront of the struggle for prohibition (a victory that was short-lived) and for women's suffrage a victory that changed the world.

The W.C.T.U. used banners to bolster the morale of its members and to express its doctrines to the public in parades and demonstrations.

The amount of work lavished on many of the banners indicated how important

a role they played in the rituals and ceremonies of the organization.

They were in fact very public objects - or in today's terms, media. To quote Sarah Holland, director of the Museum for Textiles where the exhibition originates, the banners are "fragile textiles with a powerful message."

Christina Bates, the CMC's Ontario historian and specialist in women's his-

tory, arranged to be exhibition, curated by Allen and Wendy Hull. "The WCTU women in Victorian the confidence to themselves heard."

At first hesitant give a speech, ov W.C.T.U. members involved in all as public life.

These banners legacy to their cour



Accidents will happen at the moment you least expect them. On a recent clear newly paved section of Highway 37, in Plainfield, two vehicles were involved in a traffic mishap. Paramedics and the Hastings County Firemen were dispatched to the scene. Thanks to the professional training of the people involved at the time things returned to normal shortly afterwards. Photos by Aubrey Johnson

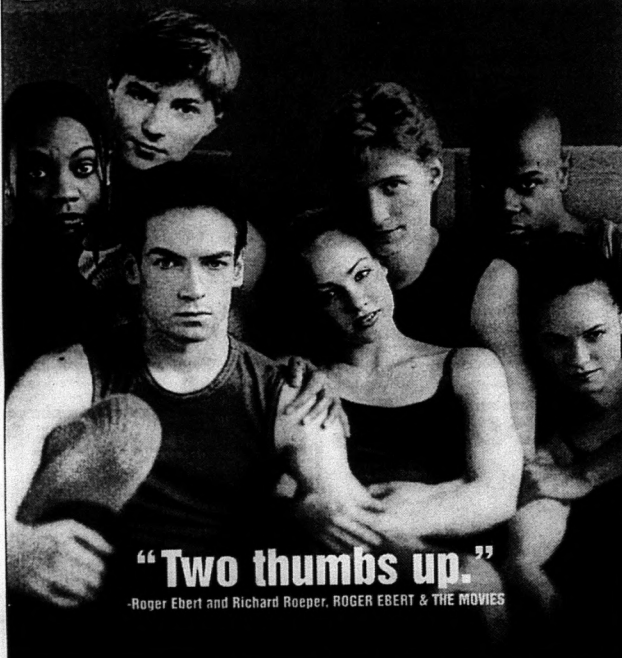
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DON'T FORGET: RETURN TIME ISN'T UNTIL 6:00 P.M.!